






Ypsilanti Meals on Wheels May 2017

Monday		Tuesday		Wednesday		Thursday		Friday							
1	Turkey Hot Dog Beef Chili Baked Beans Hot Dog Bun Applesauce Fresh Fruit Milk	1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	2	CENTER CLOSED ELECTIONS	3	Meatloaf with Tomato Gravy Rice Mixed Vegetables Wheat Roll Fresh Banana Milk Margarine	1 each 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	4	Sliced Turkey Breast Turkey Gravy Whipped Potatoes Sliced Carrots Dinner Roll Chocolate Chip Cookie Fresh Fruit Milk Margarine	3 oz 1 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each	5	Cinco De Mayo	Taco Meat Shredded Cheese Lettuce & Tomato Whole Kernel Corn Pinto Beans Flour Tortilla Pineapple Tidbits Fresh Fruit Milk Taco Sauce 	4 oz 1/2 oz 1/2 cup 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each	
8	Garlic Rosemary Chicken Cheesy Whipped Potatoes Spinach Dinner Roll Pineapple Tidbits Fresh Fruit Milk Margarine	1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each	9	Beef Chili with Beans Crispy Cubed Potatoes Whole Kernel Corn Cinnamon Applesauce Fresh Fruit Milk Margarine	1 cup 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each	10	Crabmeat Macaroni Salad Three Bean Salad Coleslaw Saltine Crackers Fresh Fruit  Birthday Treat Milk	1 cup 1/2 cup 1/2 cup 2 packs 1 each 1 each 1 each	11	Mother's Day	Pork with Supreme Sauce Cornbread Dressing Broccoli Wheat Roll Apple Pie  Fresh Fruit Milk Margarine	1 piece 1/2 cup 1/2 cup 1 each 1 slice 1 each 1 each 1 each	12	Hamburger Patty Lettuce & Tomato Potato Wedges Mixed Vegetables Hamburger Bun Fresh Fruit Milk Mustard & Ketchup	1 each 1/4 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each
15	Swiss Steak Whipped Potatoes Green Beans Texas Bread Pears Fresh Fruit Milk Margarine	1 each 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each 1 each	16	POTLUCK	17	Taco Meat Lettuce & Tomato Shredded Cheese Pinto Beans Fiesta Vegetables Flour Tortilla Pineapple Tidbits Fresh Fruit Milk Taco Sauce	4 oz 1/4 cup 1/2 oz 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each	18	Sliced Turkey Breast Turkey Gravy Buttermilk Potatoes Green Peas with Red Peppers Wheat Roll Chocolate Chip Cookie Fresh Fruit Milk Margarine	3 oz 1 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each	19	Potato Crusted Fish Macaroni & Cheese Coleslaw Hot Cinnamon Apples Fresh Fruit Milk Tartar Sauce	1 each 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each		
22	Creamy Paprika Chicken Brown Rice Brussels Sprouts Wheat Bread Pineapple Tidbits Fresh Fruit Milk Margarine	1 each 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each 1 each	23	Salisbury Beef Brown Gravy Whipped Potatoes Harvard Beets Wheat Roll Fresh Fruit Milk Margarine	1 each 1 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	24	Ham with Raisin Sauce Whipped Sweet Potatoes Mixed Greens Cornbread Diced Peaches Fresh Fruit Milk Margarine	3 oz 1/2 cup 1/2 cup 1 piece 1/2 cup 1 each 1 each 1 each	25	Memorial Day	Hot Dog Sauerkraut Crispy Cubed Potatoes Ambrosia Salad Fresh Fruit  Hot Dog Bun Milk Mustard	1 each 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	26	Tuna Salad Pasta Salad Cucumber Tomato Salad Hamburger Bun Fresh Fruit Milk	1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each
29	Closed 		30	Macaroni & Cheese Tossed Salad Green Peas Potato Roll Hot Apple Slices Fresh Fruit Milk Margarine Salad Dressing	1 cup 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each 1 each	31	Meatloaf Brown Gravy Whipped Potatoes Mixed Vegetables Wheat Roll Fresh Fruit Milk Margarine	1 each 1 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	