

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

	2
Macaroni & Cheese	1 cup
Tossed Salad	1/2 cup
Green Beans	1/2 cup
Wheat Bread	1 slice
Hot Apples	½ cup
Milk   Margarine	1 each
Salad Dressing	1 each

	3
Potato Crusted Fish	1 each
Crispy Cubed Potatoes	1/2 cup
Sliced Carrots	1/2 cup
Wheat Roll	1 each
Fresh Fruit	1 each
Milk   Margarine	1 each

	4
Meatloaf	1 each
Brown Gravy	1 oz
Whipped Potatoes	1/2 cup
Brussels Sprouts	1/2 cup
Multi Grain Bread	1 slice
Fruited Gelatin	1 each
Milk   Margarine	1 each

	5
BBQ Chicken Thigh	1 piece
Whipped Sweet Potatoes	1/2 cup
Spinach	1/2 cup
Wheat Roll	1 each
Fresh Fruit	1 each
Milk   Margarine	1 each

	6
Beef with Pepper Gravy	1 each
Succotash w/Red Peppers	1/2 cup
Broccoli	1/2 cup
Multi Grain Bread	1 slice
Peaches	1/2 cup
Milk   Margarine	1 each

	9
Diced Teriyaki Chicken	3 oz
Brown Rice	1/2 cup
Japanese Vegetables	1/2 cup
Wheat Roll	1 each
Fresh Fruit	1 each
Milk   Margarine	1 each

	10
Creamy Paprika Chicken	1 each
Whipped Potatoes	1/2 cup
Mixed Greens	1/2 cup
Multi Grain Bread	1 slice
Applesauce	1/2 cup
Milk   Margarine	1 each

	11
Glazed Ham	3 oz
Au Gratin Rotini	1/2 cup
Italian Vegetables	1/2 cup
Wheat Roll	1 each
Orange Crème Cake	1 each
Milk   Margarine	1 each

	12
Spaghetti with Meat Sauce	1 cup
Green Beans	1/2 cup
Garlic Texas Bread	1 slice
Peaches	½ cup
Milk   Margarine	1 each

	13
Pork with Supreme Sauce	3 oz
Whipped Potatoes	1/2 cup
Broccoli	1/2 cup
Multi Grain Bread	1 slice
Chocolate Chip Pudding	½ cup
Milk   Margarine	1 each

	16
White Chicken Chili	1 cup
Brussels Sprouts	1/2 cup
Garlic Texas Bread	1 slice
Hot Scalloped Apples	1/2 cup
Milk   Margarine	1 each

	17
Meatloaf	1 each
Tomato Gravy	1 oz
Brown Rice	1/2 cup
Mixed Vegetables	1/2 cup
Wheat Roll	1 each
Fresh Banana	1 each
Milk   Margarine	1 each

	18
Sliced Turkey with Gravy	3 oz
Buttermilk Potatoes	1/2 cup
Green Beans	1/2 cup
Wheat Roll	1 each
Chocolate Chip Cookie	1 each
Milk   Margarine	1 each

	19
Tuna Noodle Casserole	1 cup
Sliced Carrots	1/2 cup
Spinach	1/2 cup
Dinner Roll	1 each
Fruit Cocktail	1/2 cup
Milk   Margarine	1 each

	20
Beef with Mushroom Gravy	1 each
Whipped Potatoes	1/2 cup
Green Peas	1/2 cup
Wheat Roll	1 each
Fresh Fruit	1 each
Milk   Margarine	1 each

	23
Swiss Steak	1 each
Whipped Potatoes	1/2 cup
Green Beans	1/2 cup
Texas Bread	1 slice
Diced Peaches	1/2 cup
Milk   Margarine	1 each

	24
Creole Chicken	1 each
Brown Rice	1/2 cup
Turnip Greens	1/2 cup
Multi Grain Bread	1 slice
Fresh Fruit	1/2 cup
Milk   Margarine	1 each

	25
Potato Crusted Fish	1 each
Macaroni & Cheese	1/2 cup
Harvard Beets	1/2 cup
Wheat Bread	1 slice
Applesauce	½ cup
Milk   Margarine   Tartar Sauce	1 each

	26
Sliced Turkey w/Gravy	3 oz
Country Potatoes	1/2 cup
Green Peas	1/2 cup
Wheat Roll	1 each
Sugar Cookie	1 each
Milk   Margarine	1 each

	27
Diced Chicken	3 oz
Lettuce   Tomato   Shredded Cheese	1 each
Pinto Beans	1/2 cup
Fiesta Vegetables	1/2 cup
Flour Tortilla	1 each
Fresh Fruit	1 each
Milk   Salad Dressing	1 each

	30
Sausage w/Onions & Peppers	1 each
Crispy Cubed Potatoes	1/2 cup
Glazed Carrots	1/2 cup
Hot Dog Bun	1 each
Applesauce	1 each
Milk	1 each

	31
<b>HALLOWEEN MEAL</b>	
Hamburger	1 each
Lettuce & Tomato	1/4 cup
Potato Wedges	1/2 cup
Coleslaw	1/2 cup
Hamburger Bun	1 each
Chocolate Chip Cookie	1 each
Milk   Mustard   Ketchup	1 each

\*\*MENU SUBJECT TO CHANGE  
WITHOUT NOTICE\*\*  
Visit us at [waynecounty.com/svs](http://waynecounty.com/svs)  
  
Suggested Donation \$3.00

Please call 24 Hours in Advance  
to Cancel Meals at  
  
734.326.5202  
or  
1.800.851.1454

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Baked Chicken with Gravy 1 each<sup>1</sup>  
Whipped Potatoes 1/2 cup  
Broccoli with Red Peppers 1/2 cup  
Multi Grain Bread 1 each  
Fresh Fruit | Apple Juice 1 each  
Milk | Margarine 1 each

Beef Chili 1 cup<sup>2</sup>  
Fiesta Corn 1/2 cup  
Cornbread 1 each  
Hot Peaches 1/2 cup  
Milk | Margarine 1 each

Pork Loin 3 oz<sup>3</sup>  
BBQ Sauce 1 oz  
Brown Rice 1/2 cup  
Mixed Vegetables 1/2 cup  
Wheat Roll 1 each  
Fresh Banana 1 each  
Milk | Margarine 1 each

Pasta Primavera 1 cup<sup>6</sup>  
Italian Green Beans 1/2 cup  
Tossed Salad 1/2 cup  
Multi Grain Bread 1 slice  
Hot Apples 1/2 cup  
Milk | Margarine 1 each  
Salad Dressing 1 each

Salisbury Beef w/Gravy 1 each<sup>7</sup>  
Whipped Potatoes 1/2 cup  
Mixed Vegetables 1/2 cup  
Wheat Roll 1 each  
Fresh Fruit 1 each  
Milk | Margarine 1 each

Pork Roast w/Gravy 1 each<sup>8</sup>  
Whipped Potatoes 1/2 cup  
Mixed Greens 1/2 cup  
Cornbread 1 each  
Boston Crème Roll 1 each  
Milk | Margarine 1 each

Swedish Meatballs 3 each<sup>9</sup>  
Rotini Noodles w/Sauce 1/2 cup  
Baby Carrots 1/2 cup  
Multi Grain Bread 1 slice  
Fresh Fruit 1 each  
Milk | Margarine 1 each

Honey Mustard Chicken 1 each<sup>10</sup>  
Potato Wedges 1/2 cup  
Brussels Sprouts 1/2 cup  
Wheat Roll 1 each  
Pineapple Tidbits 1/2 cup  
Milk | Margarine 1 each

Macaroni & Cheese 1 cup<sup>13</sup>  
Tossed Salad 1/2 cup  
Green Beans 1/2 cup  
Wheat Bread 1 slice  
Hot Apples 1/2 cup  
Milk | Margarine 1 each  
Salad Dressing 1 each

Potato Crusted Fish 1 each<sup>14</sup>  
Crispy Cubed Potatoes 1/2 cup  
Sliced Carrots 1/2 cup  
Wheat Roll 1 each  
Fresh Fruit 1 each  
Milk | Margarine 1 each

Meatloaf 1 each<sup>15</sup>  
Brown Gravy 1 oz  
Whipped Potatoes 1/2 cup  
Brussels Sprouts 1/2 cup  
Multi Grain Bread 1 slice  
Fruited Gelatin 1/2 cup  
Milk | Margarine 1 each

BBQ Chicken Thigh 1 piece<sup>16</sup>  
Whipped Sweet Potatoes 1/2 cup  
Spinach 1/2 cup  
Wheat Roll 1 each  
Fresh Fruit 1 each  
Milk | Margarine 1 each

Beef with Pepper Gravy 1 each<sup>17</sup>  
Succotash w/Red Peppers 1/2 cup  
Broccoli 1/2 cup  
Multi Grain Bread 1 slice  
Peaches 1/2 cup  
Milk | Margarine 1 each

White Chicken Chili 1 cup<sup>20</sup>  
Brussels Sprouts 1/2 cup  
Garlic Texas Bread 1 slice  
Hot Scalloped Apples 1/2 cup  
Milk | Margarine 1 each

Meatloaf 1 each<sup>21</sup>  
Tomato Gravy 1 oz  
Brown Rice 1/2 cup  
Mixed Vegetables 1/2 cup  
Wheat Roll 1 each  
Fresh Banana 1 each  
Milk | Margarine 1 each

Tuna Noodle Casserole 1 cup<sup>22</sup>  
Sliced Carrots 1/2 cup  
Spinach 1/2 cup  
Dinner Roll 1 each  
Fruit Cocktail 1/2 cup  
Milk | Margarine 1 each

**THANKSGIVING MEAL**<sup>23</sup>  
Turkey with Gravy 3 oz  
Cornbread Dressing 1/2 cup  
Green Beans 1/2 cup  
Dinner Roll 1 each  
Pumpkin Pie 1 each  
Milk | Margarine | Cranberry Sauce 1 each  
Diet – Pumpkin Pudding 1/2 cup

**CLOSED**<sup>24</sup>

Diced Teriyaki Chicken 3 oz<sup>27</sup>  
Brown Rice 1/2 cup  
Japanese Vegetables 1/2 cup  
Wheat Roll 1 each  
Fresh Fruit 1 each  
Milk | Margarine 1 each

Beef Stew 1 cup<sup>28</sup>  
Whipped Potatoes 1/2 cup  
Mixed Greens 1/2 cup  
Multi Grain Bread 1 slice  
Applesauce 1/2 cup  
Milk | Margarine 1 each

Glazed Ham 3 oz<sup>29</sup>  
Au Gratin Rotini 1/2 cup  
Italian Vegetables 1/2 cup  
Wheat Roll 1 each  
Fresh Banana 1 each  
Milk | Margarine 1 each

Spaghetti with Meat Sauce 1 cup<sup>30</sup>  
Green Beans 1/2 cup  
Garlic Texas Bread 1 slice  
Peaches 1/2 cup  
Milk | Margarine 1 each

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Pork with Supreme Sauce 3 oz <sup>1</sup>  
 Whipped Potatoes 1/2 cup  
 Broccoli 1/2 cup  
 Multi Grain Bread 1 slice  
 Chocolate Chip Pudding 1/2 cup  
 Milk | Margarine 1 each

<sup>4</sup>  
 Sausage w/Onions & Peppers 1 each  
 Crispy Cubed Potatoes 1/2 cup  
 Glazed Carrots 1/2 cup  
 Hot Dog Bun 1 each  
 Applesauce 1 each  
 Milk 1 each

<sup>5</sup>  
 Hamburger Patty 1 each  
 Lettuce & Tomato 1/4 cup  
 Potato Wedges 1/2 cup  
 Green Beans with Onions 1/2 cup  
 Hamburger Bun 1 each  
 Fresh Fruit 1 each  
 Milk | Mustard | Ketchup 1 each

<sup>6</sup>  
 Baked Chicken with Gravy 1 each  
 Whipped Potatoes 1/2 cup  
 Broccoli with Red Peppers 1/2 cup  
 Wheat Roll 1 each  
 Fresh Fruit | Apple Juice 1 each  
 Milk | Margarine 1 each

<sup>7</sup>  
 Beef Chili 1 cup  
 Fiesta Corn 1/2 cup  
 Cornbread 1 each  
 Hot Peaches 1/2 cup  
 Milk | Margarine 1 each

<sup>8</sup>  
 Pork Loin 3 oz  
 BBQ Sauce 1 oz  
 Brown Rice 1/2 cup  
 Mixed Vegetables 1/2 cup  
 Multi Grain Bread 1 slice  
 Fresh Banana 1 each  
 Milk | Margarine 1 each

<sup>11</sup>  
 Swiss Steak 1 each  
 Whipped Potatoes 1/2 cup  
 Green Beans 1/2 cup  
 Texas Bread 1 slice  
 Diced Peaches 1/2 cup  
 Milk | Margarine 1 each

<sup>12</sup>  
 Creole Chicken 1 each  
 Brown Rice 1/2 cup  
 Turnip Greens 1/2 cup  
 Multi Grain Bread 1 slice  
 Fresh Fruit 1/2 cup  
 Milk | Margarine 1 each

<sup>13</sup>  
 Potato Crusted Fish 1 each  
 Macaroni & Cheese 1/2 cup  
 Cabbage 1/2 cup  
 Wheat Bread 1 slice  
 Strawberry Shortcake 1 each  
 Milk | Margarine | Tartar Sauce 1 each

<sup>14</sup>  
 Sliced Turkey w/Gravy 3 oz  
 Country Potatoes 1/2 cup  
 Green Peas 1/2 cup  
 Wheat Roll 1 each  
 Sugar Cookie 1 each  
 Milk | Margarine 1 each

<sup>15</sup>  
 Diced Chicken 3 oz  
 Lettuce | Tomato | Shredded Cheese 1 each  
 Pinto Beans 1/2 cup  
 Fiesta Vegetables 1/2 cup  
 Flour Tortilla 1 each  
 Fresh Fruit 1 each  
 Milk | Salad Dressing 1 each

<sup>18</sup>  
 Pasta Primavera 1 cup  
 Italian Green Beans 1/2 cup  
 Tossed Salad 1/2 cup  
 Multi Grain Bread 1 slice  
 Hot Apples 1/2 cup  
 Milk | Margarine 1 each  
 Salad Dressing 1 each

<sup>19</sup>  
 Salisbury Beef w/Gravy 1 each  
 Whipped Potatoes 1/2 cup  
 Mixed Vegetables 1/2 cup  
 Wheat Roll 1 each  
 Fresh Fruit 1 each  
 Milk | Margarine 1 each

<sup>20</sup>  
 Honey Mustard Chicken 1 each  
 Potato Wedges 1/2 cup  
 Brussels Sprouts 1/2 cup  
 Wheat Roll 1 each  
 Pineapple Tidbits 1/2 cup  
 Milk | Margarine 1 each

<sup>21</sup>  
 Pork Roast w/Gravy 1 each  
 Whipped Potatoes 1/2 cup  
 Mixed Greens 1/2 cup  
 Cornbread 1 each  
 Boston Crème Roll 1 each  
 Milk | Margarine 1 each

<sup>22</sup>  
**CLOSED**

**CHRISTMAS MEAL** <sup>25</sup>  
 Pork Roast w/Au Jus 3 oz  
 Whipped Potatoes 1/2 cup  
 French Green Beans 1/2 cup  
 Wheat Roll 1 each  
 Apple Pie 1 slice  
 Milk | Margarine 1 each  
 Diet – Apple Slices 1/2 cup

<sup>26</sup>  
 Potato Crusted Fish 1 each  
 Crispy Cubed Potatoes 1/2 cup  
 Sliced Carrots 1/2 cup  
 Wheat Roll 1 each  
 Fresh Fruit 1 each  
 Milk | Margarine 1 each

<sup>27</sup>  
 Meatloaf 1 each  
 Brown Gravy 1 oz  
 Whipped Potatoes 1/2 cup  
 Brussels Sprouts 1/2 cup  
 Multi Grain Bread 1 slice  
 Fruited Gelatin 1/2 cup  
 Milk | Margarine 1 each

<sup>28</sup>  
 BBQ Chicken Thigh 1 piece  
 Whipped Sweet Potatoes 1/2 cup  
 Spinach 1/2 cup  
 Wheat Roll 1 each  
 Fresh Fruit 1 each  
 Milk | Margarine 1 each

<sup>29</sup>  
**CLOSED**