



City of Ypsilanti

Senior Center News

Ypsilanti Senior/Community Center (734) 483-5014

December 2011

Regular Daily Schedule

Monday

9:30 Exercise w/Mark
10:30 Line Dancing
11:45 Lunch
12:30 Euchre/Bridge

Tuesday

10:00 Art
11:45 Lunch

Wednesday

9:00 Exercise w/ Mark
10:45 Gentle
Movement
11:45 Lunch
12:30 Bingo
12:30 Art

Thursday

11:45 Lunch
1:00 Yoga

Friday

9:30 Exercise w/Mark
10:45 Gentle
Movement
10:00 to 2:00
Massage by Appt.
1:00 Yoga

Saturday

10:00 to noon –
Quilting

Ask about renting the
Center for special
events – only \$40/hr
Includes kitchen, piano

The Ypsilanti Senior Center Celebrates 50 Years of Service to the Community!

50 years and counting!

John F. Kennedy was elected President in 1961. The Peace Corps was founded, the movie West Side Story hit the theaters, Chubby Checkers “The Twist” was the most popular record, and the first electric toothbrush was introduced to the world.

This was also the year that the Ypsilanti Senior Center was founded in December of 1961. We will celebrate 50 years with a grand anniversary party!

**WHEN: Wednesday, December 14
TIME: 2:00 p.m.**

WHAT: Music, refreshments and fond memories

Bring yourself and your memories and celebrate what we have accomplished and look forward to the future!

There will be “Jazz in the Afternoon” for our donors and friends to celebrate our anniversary on Sunday, December 11, from 3:00 to 5:00 p.m. Please RSVP if you plan to attend. Music will be provided by the Leif Gearhart-Hall Trio for both events.

Join us for a Holiday Potluck and Party!

**Friday, December 16
11:30 a.m.**

Mark your calendars! On Friday, December 16, we will celebrate the holidays with a potluck and party.

We will start off with a cooking demo from Peter at 11:30 a.m. The potluck will follow with music and a gift exchange. The Senior Center will provide the ham. Sign up to bring side dishes and desserts or feel free to contribute to the purchase of the meat. To participate in the gift exchange, bring a wrapped gift at a cost of \$5.00 or less. Mark the gift for man, woman or either.



Cooking Demo and Tasting

Our friend and favorite chef Andrea Linn will share her cooking skills with us on Monday, December 5, at 10:30 a.m. Look for Andrea to demonstrate some of her delicious recipes!

From the Director

December is packed with important celebrations. The 50th anniversary of the center is something to celebrate. It will be good to reflect on all we have accomplished the past few years together. We have been able to keep the center as a place for seniors in the community to gather in many different forms, even through the difficult economic times. With the help of the entire community we have kept the legacy of the building alive.

We will be closing the center for two weeks so everyone can spend time with their families. Have a happy holiday and we will see you in 2012!

Sincerely,
Monica Prince



Art Classes

Tuesday, December 6, 10:00 a.m.
Wednesday, December 7 12:30 p.m.
Tuesday, December 13, 10:00 a.m.

We are dying! That is fabric dyeing! We will have silk and cotton squares for sale to experiment with dyeing. The cost will be between \$.50 and \$3.00. We will provide all of the dyes and equipment to produce your own designer scarves. If you have any questions please call the center.

**The center will be closed for
December 19 through January 1 for
the holidays! Have a safe, careful,
fun-filled holiday!**



December Birthdays

John	Kirk	12/04
Tom	Kortier	12/05
John	Roberts	12/08
Mary	Piziks	12/08
Patricia L.	Spriggel	12/08
Offa G.	Johnson	12/11
Wayne W.	Bourdage	12/16
K. Barbara	Tooman	12/17
Willie	Prince	12/18
Mary E.	Robinson	12/23
Janna	Loechli	12/25
Mary Louise	Rawls	12//25
Gabor	Joichita	12/26
Dorothy	Glasspoole	12/29
Guillermina	Felix	12/29
Mary	Vanderwalker	12/30
Richard	Glaze	12/30

Join Karen Heddle for a Focus on Fixed Income Seminar Thursday, December 8, 2011 at 10:30 a.m.

Join Karen Heddle on Thursday, December 8 at 10:30 a.m., when she presents the seminar **“Focus on Fixed Income.”** You will learn more about bond characteristics and features, the relationship between interest rates and bond prices, tax advantages of municipal bonds, and how bonds may help you weather the fluctuating markets.

Please RSVP to Sandy at 734-528-9906.



Quarter Mania

**Wednesday, December 14, 2011
at 7:00 p.m.**

Join us on **Wednesday, December 14, at 7:00 p.m. for Quarter Mania!**
Enjoy a fun-filled evening bidding on prizes that will benefit the Senior Center and pool!

Holiday Pampering Session

Come and get free hand pampering and facials!

We all take care of our families and others!
Now is the time to treat yourself and look your best this holiday season!

Join us on
Monday, December 12, from 10:30 to 11:30 for a pampering good time!

Norwegian Massage - Fridays

Professional therapist Sissel Bridges provides low-cost massages at the Center every Friday. Sign up at the Center, or email to make an appointment.

NorwegianMassage@aol.com

The Senior Center will be closed for two weeks so everyone can spend some time with family. Have a happy holiday and we will see you in 2012!

Out to Eat Bunch

The “**Out to Eat Bunch**” will meet at Sidetrack, 56 E. Cross Street, Ypsilanti on **Friday, December 9, at 5:00 p.m.** Sign up at the center and arrange your own ride. Everyone is welcome – enjoy a nice meal with friends!



Jewelry Sale

**Saturday, December 3
10:00 a.m. to 2:00 p.m.**

Invite your friends and relatives to the Senior Center Jewelry Sale! There are beautiful and inexpensive pieces to choose from. So be sure to stop in, take a look and purchase some beautiful jewelry! Jewelry makes the perfect holiday gift.

Also, we could use your help during the sale. Please sign up at the center to help with set-up, work the sale, and clean up!

Peter de Lorenzi will be on hand to show us some tricks to making some healthy holiday treats. Peter will be at the center on
Friday, December 16, at 10:30 a.m.

City of Ypsilanti
Senior/Community Center
in Recreation Park

Phone: 483-5014
Fax : 480-0380
E-mail:
seniorcenter@umich.edu

*Home of the
Ypsilanti Senior Center*

*Our Mission:
To provide opportunity for
positive, safe, structured
recreational, educational
and networking activities
targeted towards Seniors
and the community that
supports them.*

MEET THE STAFF:

Monica Prince – Senior Center Director
DeLois Wilson – Receptionist
Dorothy Whigham – Senior Aide
Quentin Braxton – Senior Aide

SENIOR CENTER HOURS

Monday and Friday	9:30 am – 2:00 pm
Tuesday - Thursday	10:00 am – 2:00 pm
Saturday (quilting)	10:00 am – 12:00 noon



Nutritious, delicious hot meals served weekdays at noon.
Suggested donations for seniors age 60 and up: \$2.50
Guests under 60 years of age: \$5.00
Please reserve lunch at least one day in advance.

SENIOR/COMMUNITY CENTER
1015 N CONGRESS
YPSILANTI, MI 48197
www.ypsiseniorcenter.org



Remember you can rent the Center for parties, meetings and other events for just \$40/hr