



City of Ypsilanti

Senior Center News

Ypsilanti Senior/Community Center (734) 483-5014

August 2013

Regular Daily Schedule

Monday

9:30 Exercise w/Mark
10:30 Line Dancing
11:45 Lunch
12:30 Euchre/Bridge

Tuesday

10:30 Zumba
11:45 Lunch
12:30 Knitting and Crocheting Group
12:30 Water Color

Wednesday

9:00 Exercise w/ Mark
10:30 Writers Group
10:45 Gentle Fitness
11:45 Lunch
12:30 Bingo
12:30 Art

Thursday

10:00 Drama
11:45 Lunch
1:00 – 2:30 Yoga

Friday

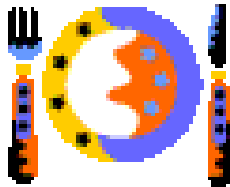
9:30 Exercise w/Mark
10:45 Gentle Fitness
10am -2pm Massage
(By appointment)
Art 12:30-2:00
1:00 - 2:30 Yoga

Saturday

10:00-noon – Quilting

Personal Safety Tuesday, August 6, 2013, 10:30 a.m.

Do you want to be more confident and feel more secure? Michigan State Police Trooper Sura will offer advice on personal safety. This is a worthwhile program and will last approximately one hour.



Out to Eat Bunch, Friday, August 9, 2013, 5:00 p.m.

The Out to Eat Bunch will meet on Friday, August 9, 2013, 5:00 p.m. at Bob Evans, 2411 Carpenter Road. Sign up at the center and as always arrange your own transportation.

Potluck, Friday, August 16, 2013, 12:30 p.m.

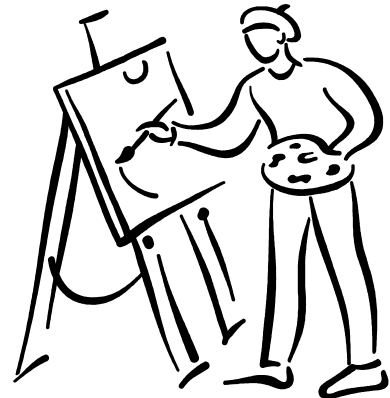
We will have a hot dog lunch. Please sign up at the center to bring a side dish, dessert, or to contribute to the main course.

The center will be closed Friday, August 31, through Monday, September 2, 2013 for the observance of Labor Day. We will reopen, Tuesday, September 3, 2013.

August Art

Wednesdays, 12:30 am – 2:00 p.m.

We will continue with painting. This month we will experiment on different styles of painting such as abstract, painterly, and impressionism. Come join the fun. No experience is necessary.



Fridays, 12:30 – 2:00 pm

We will not have art on August 2 or August 30. On August 9 and August 16 we will have fun with paste paper. It is a way to add texture to paper. It can be messy but is always enjoyable. The finished product is magnificent. On August 23, we will play with shaving cream marbling on paper. This can be another messy project that produces marvelous paper that can be used for many things.

***Corn Roast
August 3, 4:30 – 6:30 p.m.***



See attached flyer for details



The foot nurse will be at the center on **Thursday, August 9, 2013, from 10-2.** Please call Robbie at (734) 741-8586 to make an appointment.



Sissel Bridges is available for the Norwegian Massage every Friday. Call the center to arrange an appointment. The fees are as follows: \$11 for 15 minutes, \$22 for 30 minutes, and \$44 for one hour.

***Ypsilanti Heritage Festival
Friday, August 16 through
Sunday, August 18, 2013***



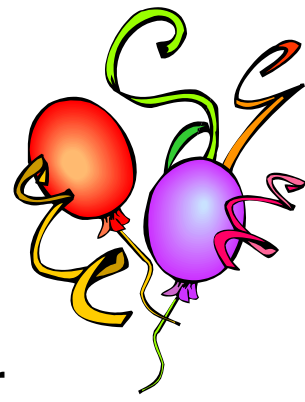
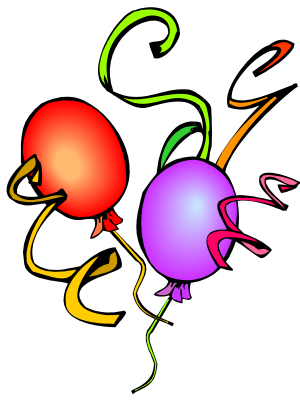
We can use help with selling quilt raffle tickets at the festival. Contact Monica or DeLois at the center if you can help with a two hour shift. It is enjoyable to interact with the passing festival goers and a great way to help the center.

The Arts



Are you interested in doing watercolor painting? A group is meeting on Tuesdays from 12:30 – 2:00 p.m. in the large room. The lighting is great and the views are worth painting. It is a great opportunity to get motivated to work on our paintings and to learn new techniques and ideas from others. Bring your own paper, paints, and brushes including a container for water. It is not necessary to have expensive paints or brushes. Bring what you can afford and are comfortable using. Also, consider natural materials such as leaves, sea salt, sponges, and such to add texture to your paintings. Enjoying what you are doing is the goal, not perfection!

Tuesday afternoons from 12:30 the knitter/crochet group continues to meet. Join us if you want to learn how to knit or crochet or need help with a project. This group makes items that are for sale at the center.



From the Director

We had a marvelous time at the Tea Party in July. Thanks so much for everyone who made it possible. A special thanks to Linda Radolf who pulled it all together. We had a relaxing time listening to Bill Hayes play the piano as we sipped our tea, ate treats, chatted and viewed the rose garden. This may become an annual event and I hope more of you can join us next time.

Monica Prince

August Birthdays

**HAPPY
BIRTHDAY!**



Linda Taylor	Aug 01
Martha Collins	Aug 04
Lillian Lawrence	Aug 10
Bob Field	Aug 14
Kathleen Lawrence	Aug 19
Lorenzo Brown	Aug 20
Barbara Patterson	Aug 21
Willie Coats	Aug 22
Catherine Garner, Margaret Kelley	Aug 25
Durand Stuart	Aug 27
Katy Thomas	Aug 31

**City of Ypsilanti
Senior/Community
Center**

in Recreation Park

Phone: 483-5014

Fax: 480-0380

seniorcenter@umich.edu

web : ypsiseniorcenter.org

***Home of the
Ypsilanti Senior Center
Our Mission:***

***To provide opportunity
for positive, safe,
structured recreational,
educational and
networking activities
targeted towards
Seniors and the
community that
supports them.***

MEET THE STAFF:

Monica Prince – Senior Center Director

DeLois Wilson – Receptionist

Deborah Finley – Senior Aide

Kevin Howard – Senior Aide

SENIOR CENTER HOURS

Monday, Wednesday, Friday 9:00 am – 2:00 pm

Tuesday, Thursday 10:00 am – 2:00 pm

Saturday (quilting) 10:00 am – 12:00 noon



**Nutritious, delicious hot meals served weekdays at noon.
Suggested cost share for seniors age 60 and up: \$3.00
Call to reserve lunch at least one day in advance.**