



City of Ypsilanti

Senior Center News

Ypsilanti Senior/Community Center (734) 483-5014

October 2013

Regular Daily Schedule

Monday

9:30 Exercise w/Mark
10:30 Line Dancing
11:45 Lunch
12:30 Euchre

Tuesday

10:30 Art/Craft
11:45 Lunch
12:30 Knitting and
Crocheting Group
12:30 Water Color

Wednesday

9:00 Exercise w/ Mark
10:30 Writers Group
10:45 Gentle Fitness
11:45 Lunch
12:30 Bingo
12:30 Art

Thursday

10:00 Drama
11:45 Lunch
1:00 – 2:30 Yoga

Friday

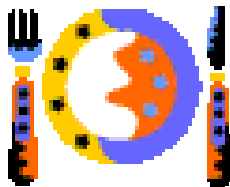
9:30 Exercise w/Mark
10:45 Gentle Fitness
10am -2pm Massage
(By appointment)
1:00 - 2:30 Yoga

Saturday

10:00-noon – Quilting

Tuesday, September 1, 12:00pm

Tim Barlow for Diversity Insurance Agency will speak on Social Security Planning.



Out to Eat Bunch, Friday, October 11, 2013, 5:00 p.m.

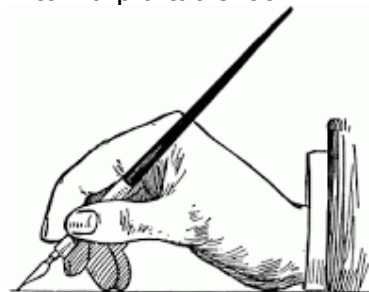
Out to eat bunch is going to Mike's Kitchen (formally Dimitris) on Friday October 11 at 5pm. It's located at 11511 Belleville Rd, Belleville, 669-7555. A sign up sheet will be at the center.

Potluck, Tuesday October 28, 2013, 11:45 a.m.

We are in for a treat this month. The Chef from Regency at Bluffs Park in Ann Arbor will be preparing Mediterranean beef kebobs and cannolis. They will bring our own grill and chef will cook onsite. Please sign up to bring a side dish, dessert or a donation that will go towards next month's potluck. After our meal a representative from the Attorney Generals office will speak on identity theft.

October Art Programs

Tuesdays in October, we will sit down to our deserted weaving looms. Join us to learn how to throw the shuttle and make a community project. There will be several projects going on at the same time. We have 2 floor looms to work on. Some may opt to work on their own tapestry loom which is very easy to make. I will also demonstrate how to warp a table loom.



Wednesdays 10:30 – 11:30

The Writers Group is back to meeting regularly. This group does writing exercises and shares their work with each other. The group seems always be having fun. Where were you when...? This month, lets write about it.

Wednesdays, 12:30 – 2:00 pm

Art for Everyone meets on Wednesdays from 12:30 - 2:00. This month we will experiment with 2 styles of painting. On Sept 4 and 11 we will play with an oriental brushwork. On Sept. 18 and 30 we will try a style of painting that is used by the Australian Aboriginal artists. Both styles center on nature with very different effects.

Tuesday October 1

At 12:00 Tim Barlow from Diversity Insurance Agency will speak on Social Security planning.

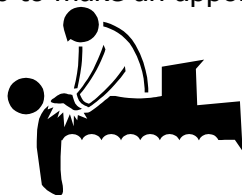


Jewelry Sale

It is time to get ready for the bi-annual jewelry sale which is the first Saturday of December. It will be here in no time. Doris Walker is asking for volunteers to help out on Tuesday mornings from 10-11:30. They are going to sort and price the jewelry. They get rid of things that have been around awhile and reprise other things. Start bringing in your used jewelry. This is always a successful fundraiser but we need to replenish our supply. If your experienced with ebay we could use your help. We have a few jewelry pieces that might sell better on ebay. Talk to Doris or Monica if you can help out.



The foot nurse will be at the center on **Thursday, October 10, 2013, from 10-2.** Please call Robbie at (734) 741-8586 to make an appointment



Sissel Bridges is available for the Norwegian Massage every Friday. Call the center to arrange an appointment. The fees are as follows: \$11 for 15 minutes, \$22 for 30 minutes, and \$44 for one hour.

The Arts



Are you interested in doing watercolor painting? A group is meeting on Tuesdays from 12:30 – 2:00 p.m. in the large room. The lighting is great and the views are worth painting. It is a great opportunity to get motivated to work on our paintings and to learn new techniques and ideas from others. Bring your own paper, paints, and brushes including a container for water. It is not necessary to have expensive paints or brushes. Bring what you can afford and are comfortable using. Also, consider natural materials such as leaves, sea salt, sponges, and such to add texture to your paintings. Enjoying what you are doing is the goal, not perfection!

Tuesday afternoons from 12:30 the knitter/crochet group continues to meet. Join us if you want to learn how to knit or crochet or need help with a project. This group makes items that are for sale at the center.

October Birthdays



Dolores McMillen	Oct 03
Dorothy Morsfield	Oct 03
Shirley Collins	Oct 10
Mary Udoji	Oct 10
Paulette Dozier	Oct 14
Irene Owens	Oct 21
Diane Downer	Oct 24
Leinani O'Brien	Oct 26
Judy Jones	Oct 31

**City of Ypsilanti
Senior/Community
Center**

in Recreation Park

Phone: 483-5014

Fax: 480-0380

seniorcenter@umich.edu

web : ypsiseniorcenter.org

***Home of the
Ypsilanti Senior Center
Our Mission:***

***To provide opportunity
for positive, safe,
structured recreational,
educational and
networking activities
targeted towards
Seniors and the
community that
supports them.***

MEET THE STAFF:

Monica Prince – Senior Center Director

DeLois Wilson – Receptionist

Deborah Finley – Senior Aide

SENIOR CENTER HOURS

Monday, Wednesday, Friday 9:00 am – 2:00 pm

Tuesday, Thursday 10:00 am – 2:00 pm

Saturday (quilting) 10:00 am – 12:00 noon



Nutritious, delicious served weekdays at noon.
Suggested cost share for seniors age 60 and up: \$3.00
Call to reserve lunch at least one day in advance.

From the Director

What happened to September? Time is just whizzing by.

We need to get started on some events coming up. The Craft Circus is coming up November 9. We can use help with set up, clean up and selling raffle tickets. Let me know if you can help out that day. There will also be flyers that we would like to hang at local businesses. I will have them in the next couple of weeks. Pick some up and take them to places that can be seen.

We would like to have an anniversary party in mid January, but we need help planning. There have been some ideas floating around. I am going to have a sign up sheet to see how much interest there is in having a party and who would be willing to help. There will be more information in November newsletter. Stay tuned.

Monica Prince