

**Our Mission: “Creating great experiences for older adults in a welcoming environment that encourages learning, active engagement, fitness, and healthy living.”**

~ From the YSC Director ~



*Quilt created by Nancy Scott and is lap size for sitting.*



*Quilt created by June Guthrie and is throw size.*

This month is special and exciting because so many of us celebrate holidays. We hope this season is filled with joy and happiness for you and yours. If you or someone you know is in need during the holidays, there is information about many resources posted on the Community Bulletin Board at the entrance to the center. We are also excited to have you all join us for our festive holiday party on December 19th. Keep reading for more information.

**~Holiday Quilt Raffle~**

The annual fundraiser raffle drawing will be held **Sunday, December 1, 2024, 4:00pm**, at the **Ypsilanti Freight House, 100 Market Place**, Ypsilanti, 48198. *Volunteers are needed both Saturday, November 30th, and Sunday, December 1st during the day at the Freight House.* Please see a staff member if interested. Come join us. 😊

**Raffle ticket costs are as follows: \$6 for one; \$15 for three; and \$20 for five.** Watch your mailbox for tickets and more information, or see a staff member at the center. *The quilts are hanging in the Great Room at the YSC for viewing or see them on the left.*

**Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197**

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: [www.ypsiseniorcenter.org](http://www.ypsiseniorcenter.org) | Email: [info@ypsiseniorcenter.org](mailto:info@ypsiseniorcenter.org) Social: Facebook

Monica Prince, Director | Jasmine Figgins, Associate Director | J Blair, Program Coordinator | S McKinney, Special Projects

**~Membership~**

It's super easy to join the Center. Simply complete a new member form (available at the receptionist desk or on our website). We do not charge for membership and thanks to the generosity of our partners, classes are free. Membership helps the Center obtain funding and determine future programming. A completed membership form is **preferred** to participate in activities and classes. Visitors must sign in daily so that attendance is documented and in case of emergency. Please print your name when signing in!



**Building refresh updates:**

We have begun work on reorganizing and remodeling. Classes and events may have to be rescheduled. Thank you in advance for your patience and understanding. If there are concerns or questions, please see a staff member.

**Questions? ❄️**

For questions about administration, Board of Directors, or building issues, please ask Monica.

For questions about building rentals, social media, the YSC website, volunteering, or community resources, please ask Jasmine.

For questions about any classes, programs, activities, guest presenters, the newsletter, or community events, please ask Joyce.

For questions about Senior Cafe' meals, volunteer food service at potlucks, or to sign up for activities, membership, please ask Sarah.



**~YSC Announcements~**

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In lieu of the 2nd Tuesday YSC monthly **Community Potluck**, a **Winter Holiday Party** will be held on **Thursday, December 19, 2024 from 10:30 am - 3:00 pm**. The center will provide ham. Members, please bring a festive & complimentary side dish, holiday dessert, or drinks to share. Also, please bring a gendered \$5 gift to share (designate male or female or unisex). All are welcome. There will be craft-making, singing, music, games, food & fellowship! To participate in this exciting event, please sign up at the reception desk. Volunteers are needed to help with set-up, serving food, and clean-up.

**Computer Technology Class** - The next session begins **January 21, 2025**. If you would like to be waitlisted for the winter class, an interest sign-up sheet is at the front desk. This class is facilitated by **Eastern Michigan University**. *If you have completed the class previously and need a refresh, feel free to walk-in for assistance (there is no need to notify us).* **Free**. Learn how to use a keyboard, navigate the Internet, or use email. 🧑🏻

**COVID-19** variants and other viruses are back in our community. Here are some recommendations:

- *Get vaccinated!*
- *Visit your doctor's office, pharmacy, or community clinic for information and testing.*
- *Wear a mask when appropriate.*
- *Get tested before indoor gatherings or around 5 days after exposure; but especially if you have Covid symptoms.*
- *Practice proper hygiene. Wash hands frequently. Cover your cough or sneeze with a tissue. Clean and disinfect door handles, light switches, countertops, table tops, desks, toilets, phones, etc.*

**Donations:** To donate toward the cost of "the refresh," please write a check, or follow this link: <https://ypsilanti-seniorcenter.networkforgood.com/projects/224274-honoring-our-past-building-our-future>. Alternately, this QR code may be used:



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**Memory Cafe** meets on the **2nd Tuesday of the month from 2 - 4 PM**. Next session is **Tuesday, December 10, 2024 from 2 - 4 pm**. Memory cafes are social gatherings that provide a safe and supportive space for people with memory loss and their caregivers to connect, socialize, and build support networks. Everyone is welcome! *To participate, please sign up at the front desk.* 🧑🏻

**Senior Nutrition Café Lunch Meals** are provided daily at the YSC, except for 2nd Tuesday potluck, to those 60 years of age or older. To participate, registration is required.. **Sign-up for meals is 5 business days in advance for the following week.** Monthly menus are available at the front desk. A donation of \$3 per meal would be appreciated, but is not required. Meals are served daily Mon-Fri at **11:45am**. *Please return your tray to the kitchen window by 12:40pm.* 🍎

**State Health Insurance Assistance Program (SHIP), Medicare Assistance Program:** If you are in need of information regarding Medicare, even if you are eligible for both Medicare & Medicaid, and want to review your options, please call **(800) 803-7174** and ask for an appointment to meet with a Medicare Assistance Program (MAP) counselor. For more information, see <https://mmapinc.org>. **Open Enrollment to change Part D plans ends December 7, 2024.**

**YSC Closure Dates:** In December, the YSC will be closed at **5:00 pm on Friday, December 20, 2024 and will reopen on Monday, January 6, 2025.**



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**LIST OF ONGOING CLASSES AND ACTIVITIES (See Calendar)**

**Art Class/Group** - Fridays from 12:30 – 2:00 pm.

**BINGO!** - Wednesdays from 12:30 – 2:00 pm.

**Board of Directors Meetings** - Third Thursday of the month at 6:30 pm. For an agenda, please email Director Monica Prince: [monica@ypsiseniorcenter.org](mailto:monica@ypsiseniorcenter.org) or check our website at [ypsiseniorcenter.org](http://ypsiseniorcenter.org).

**Euchre Card Game** - Mondays from 12:30 – 2:30 pm

**Gentle Fitness** - Mondays and Fridays from 10:30 – 11:30 am. This class helps increase strength and endurance and is facilitated by members. Most exercises are done sitting in a chair using weights, bands, & balls. Walk-in.

**Knitting, Crocheting, & Plarn Group Projects** – Tuesday mornings 10:00 – 11:30 am (Plarn) and Tuesday afternoons (knitting/crocheting) 12:30 – 2:00 pm. These groups are opportunities to work on projects like mats for homeless populations, and to socialize with others that are skilled in these fine arts. Beginners welcome!

**Line Dancing with Dee (WCC\*)** – Wednesdays 10:30 – 11:30 am at the center. A variety of music and great instruction will get you moving with ease.

**Memory Café' with Monica Prince** - Meets on the second Tuesday of each month, from 2:00 – 4:00 pm. It is for people experiencing memory loss and their caregivers. Enjoy art, music, conversation, refreshments, and social activities in a supportive environment.

**Senior Fitness with Mark or Michele (WCC\*)** – Wednesdays 9:30 – 10:30 am at the center. Gentle stretches will get you warmed up. Accommodation available for those with physical limitations.

**Technology Class by Digital Connection Corps at EMU** – Join us for in-person hands-on help with technology (including smart phones, laptops, email, etc.) at the center on Tuesdays 9:30 – 11:30 am (by semester) Registration required. If new, please ask to be waitlisted at the center reception desk. If returning, simply return as a walk-in for extra support once the start date of the class is announced. For more information:

<https://www.emich.edu/engage/community/digital-connecting-corps.php>

**Yoga with Liz (WCC\*)** – Thursdays 10:00 – 11:30 am. Class starts promptly at 10:00.

**\*Washtenaw Community College Classes are held at YSC (registration required first class).**

The Ypsilanti Senior Center is a Senior Café' meal site daily at 11:45 am daily. For more information, please contact us.




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### ~Community Events, Information, & News~

<p>Area Agency on Aging 1-B</p> 	<p>The <b>Resource Center at Ageways</b> is the first call seniors should make when they need help. We can guide seniors and their family members to resources to help with care, housing, food assistance, utility assistance and more. Call us from 8 am – 5 pm, Monday through Friday.</p> <p><b>Phone:</b> (800) 852-7795 <a href="https://www.ageways.org/">https://www.ageways.org/</a></p>										
<p><b>ncoa</b>   AgingMastery national council on aging</p> <p>Sponsored by:</p> <p>Area Agency on Aging 1-B</p>  <p><a href="https://www.ncoa.org/article/what-is-the-aging-mastery-program/">https://www.ncoa.org/article/what-is-the-aging-mastery-program/</a></p> 	<p>A <b>10-week workshop for older adults</b> will be happening at the YSC weekly on <b>Thursdays, February 6th - April 10, 2025; 1:00 - 2:30 pm.</b> The <b>Aging Mastery Program (AMP)</b> will have differing topics and guest speakers each week to help seniors master physical, social, emotional, and financial health while aging. For more information, see the announcement posted on the bulletin board at YSC or go to the website link below. <i>We must have a minimum of 10 people participate.</i></p> <p><b>To register (required):</b></p> <p><b>Call:</b> (833) 262-2200</p> <p><b>Email:</b> <a href="mailto:wellnessprograms@ageways.org">wellnessprograms@ageways.org</a></p> <p><b>Web:</b> <a href="https://www.ageways.org/senior-health-and-wellness/aging-mastery-workshop-for-seniors/">https://www.ageways.org/senior-health-and-wellness/aging-mastery-workshop-for-seniors/</a></p> <table border="0"> <tr> <td>Navigating Longer Lives</td> <td>Finances</td> </tr> <tr> <td>Exercise</td> <td>Sleep</td> </tr> <tr> <td>Healthy Eating &amp; Hydration</td> <td>Medication Mgmt</td> </tr> <tr> <td>Sleep</td> <td>Fall Prevention</td> </tr> <tr> <td>Advanced Planning</td> <td>Community Engagement</td> </tr> </table>	Navigating Longer Lives	Finances	Exercise	Sleep	Healthy Eating & Hydration	Medication Mgmt	Sleep	Fall Prevention	Advanced Planning	Community Engagement
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<p><b>CINEMARK™</b>          Movie Theatre  <a href="https://www.cinemark.com/theatres/mi-ypsilanti/cinemark-ann-arbor-20-and-imax">https://www.cinemark.com/theatres/mi-ypsilanti/cinemark-ann-arbor-20-and-imax</a></p>	<p><b>Senior Discount all day Mondays (\$6.00) and before 6 PM on other days (\$8.00).</b>  <b>Address:</b> 4100 Carpenter Rd, Ypsilanti, MI 48197  <b>Phone:</b> (734) 973-8424</p>
 <p><b>Dementia Friendly Saline+</b></p> <p><a href="http://www.dfsaline.org">www.dfsaline.org</a> DFS Movie Program</p>	<p><b>Saline Emagine Theatre</b>  <b>1335 E Michigan Avenue</b>  <b>Saline, MI 48176</b></p> <p>Doors open at 1:00pm          Movie begins at 2:00pm  <b>Ticket cost: \$5</b>          (Ticket price includes popcorn, soda and a light buffet.)  <b>December 11th Movie Title:</b>  <b>Christmas in Connecticut</b></p>
 <p><b>A THOROUGHLY FRIENDLY DAY</b> AT <b>The Encore THE ENCORE THEATRE</b>  <small>SE MI'S PREMIER PROFESSIONAL MUSICAL THEATRE</small></p> <p><b>Annie</b></p> <p><b>THURS. DEC. 12 at 3PM</b></p>	<p><b>Join DFS at The Encore for a special “Thoroughly Friendly” performance of ANNIE!</b></p> <p><b>Thursday, December 12 at 3 p.m.</b>  <b>Tickets - \$20</b></p> <p><b>What does “Thoroughly Friendly” mean?</b>          This performance is suitable for people of all ages who have dementia, autism, anxiety, or sensory sensitivities, and their care partners. The doors to the theater will remain open, the house lights will remain on, and the sound will be lowered. Audience members are also able to move around and vocalize if needed. Additional modifications and activities complete the friendly experience. To purchase tickets for this performance, please call The Encore’s box office.</p> <p><b>Encore Musical Theatre Company</b>  <b>7714 Ann Arbor St, Dexter, MI 48130</b>  <b>(734) 268-6200.</b></p>

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Ph: (734) 259-4125 or (833) 653-6544  
Email: [info@feonix.org](mailto:info@feonix.org)

**Meals, Medical & Grocery Store Transportation** are available through **Feonix – Mobility Rising**. Feonix is a private, non-profit organization that creates mobility solutions, technology, educational programs, and global communities around the common goal of transportation for all. Feonix is dedicated to supporting mobility for underserved populations through community-led transportation solutions. For more information about Feonix, go to: <https://feonix.aarp.org/washtenaw/?CMP=RDRCT-ADS-MaaS-MI-JUN2020>.

**Lions Clubs International**

The Huron Valley Sunrise and Ann Arbor Host Lions clubs are seeking new members. Amongst other organizations, the YSC thanks these clubs for their support of the Ypsilanti Senior Center. For more information, please see the following websites:

<https://e-clubhouse.org/sites/huronvalley/index.php>

[https://e-clubhouse.org/sites/ann\\_arbor\\_host/index.php](https://e-clubhouse.org/sites/ann_arbor_host/index.php)



**Kindness matters to Lions.**

Our motto is “**We Serve**” and Lions put it into action every day. We’re caring people who come together to be the difference in our communities. We believe we can do so much more together than we can alone. Lions serve global causes. They support five basic global causes of vision, hunger, the environment, childhood cancer, diabetes, and many other humanitarian initiatives.





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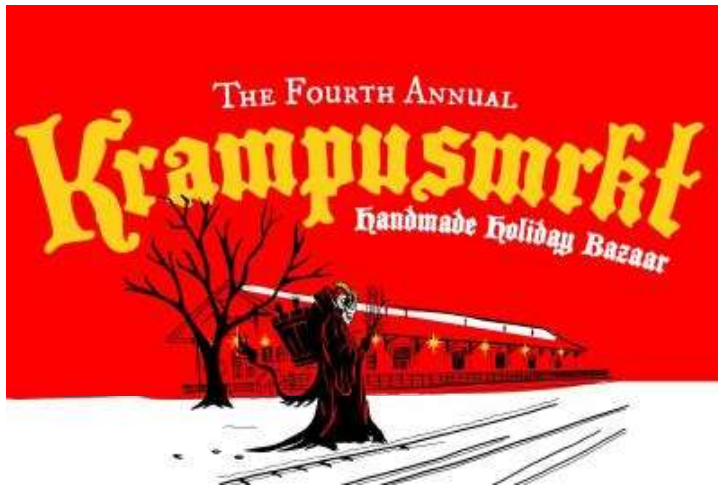
<p><b><u>Michigan State University Extension</u></b></p> <p>Via <b>ZOOM</b>  <a href="https://www.canr.msu.edu/events/financial-disaster-preparedness-and-recovery-webinar-dec-12-2024">https://www.canr.msu.edu/events/financial-disaster-preparedness-and-recovery-webinar-dec-12-2024</a></p> <p>Prepare in advance for financial disasters. Topics:</p> <ul style="list-style-type: none"> <li>Understand the role of insurance</li> <li>Set aside an emergency savings fund</li> <li>Keep some cash in a safe place</li> <li>Sign up for direct deposit</li> <li>Use online banking</li> <li>Keep financial documents in a safe place</li> </ul>	<p><b><u>FINANCIAL DISASTER PREPAREDNESS AND RECOVERY (WEBINAR)</u></b></p> <p><b><u>DECEMBER 12, 2024 from 12:00 - 1:00 pm</u></b></p> <p><b>Registration: is required Cost: Free</b>          We do not record these webinars. Visit our website for future options at <a href="http://www.mimoneyhealth.org">www.mimoneyhealth.org</a>.</p>
 <p><b>Healthy Together West Willow</b></p> <p><i>Health at Home &amp; in Your Neighborhood</i></p> <p><a href="https://westwillowhealth.org/">https://westwillowhealth.org/</a></p> <p><b>December Focus: <i>Live Well, Work Well.</i></b> (1) Day Affirmations (2) Finding Gratitude (3) Eating Healthy (4) Dealing with Holiday Stress (a) Create your budget now (b) Shop Early (c) Don't Overcommit Yourself</p> 	<p><b>Eastern Washtenaw County, Ypsilanti</b></p> <p>It's a free, community-based, volunteer and student run program focused on improving the health and wellness of older adults in the West Willow Neighborhood.</p> <p>It's easy to get started on a path of healthier living. You'll talk with a student intern to provide information on your health needs and what you want to accomplish with the program.</p> <p><b>Please see their website for more information.</b></p>

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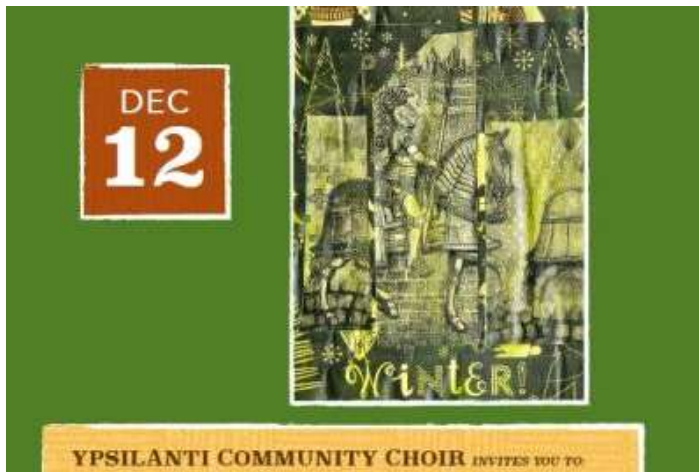
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**Krampusmarkt Handmade**

**Holiday Bazaar**

100 Market Pl, Ypsilanti, MI 48198  
 Presented By: **Holy Bones Festivals & Events**  
 Dates: December 6, 2024 - December 7, 2024  
 Recurrence: Recurring daily  
 Location: **Ypsilanti Freighthouse**  
 Time: Friday 5:00 - 9:00 PM / Saturday: 1:00 - 9:00 PM      Price: Free



**Ypsilanti Community Choir**

**Holiday Concert**

4800 E. Huron River Drive, Ann Arbor, MI 48105  
 Presented By: **Ypsilanti Community Choir**  
 Dates: December 12, 2024  
 Location: Washtenaw Community College  
 Time: 7:30 PM to 9:30 PM  
 Price: Free

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## DECEMBER 2024 Newsletter

<p><b><i>Ypsilanti District Library Events December 2024</i></b></p> <p>Please see the library website for listings of additional classes:  <a href="https://attend.ypsilibrary.org/events">https://attend.ypsilibrary.org/events</a></p>	<p><b><u>Paul Keller Ensemble - Holiday Jazz CONCERT</u></b></p> <p><b>Sunday, December 1, 2024: 2:00pm - 3:30pm</b></p> <p>Whittaker - Community Room All Ages Welcome</p> <p>The Paul Keller Ensemble is back!</p>
<p><b><u>Sew Social</u></b></p> <p><b>Monday, December 02: 7:00pm - 8:00pm</b></p> <p>Superior - Meeting Room</p> <p>Age group: Teens Seniors Adults</p> <p>Event type: DIY and Maker, Art &amp; Music</p> <p>Bring your latest project and get inspired, share project ideas, seek advice, and work on your projects with fellow crafters. All skill levels are welcome!</p>	<p><b><u>Loving Me First: Self Care Edition for 55 and Up!</u></b></p> <p><b>Wednesday, December 04: 10:00am - 12:00pm</b></p> <p>Whittaker - Community Room</p> <p><b>Age group:</b> Seniors</p> <p><b>Event type:</b> Health &amp; Wellness, Community Assistance</p> <p>Don't you deserve a break? Learn to meditate, get breathing techniques, enjoy drumming therapy, and more! Sharonda, a local massage therapist from Cocoa Healing Collective will lead the workshop.</p>
<p><b><u>Seasonal Wreath Making - Intergenerational</u></b></p> <p><a href="#">2pm session with Lauren DuBois</a></p> <p><b>Saturday, December 07: 2:00pm - 3:30pm</b></p> <p>Registration opens Saturday, November 16, 2024 at 9 am. Superior - Meeting Room</p> <p>Age group: Teens Seniors Kids and Parents All Ages/Family Adults</p> <p>Event type: Featured, DIY and Maker</p>	<p><b><u>Handmade Holidays Needle Felted Ornaments</u></b></p> <p><b>Tuesday, December 10: 6:00pm - 7:30pm</b></p> <p>Whittaker - Community Room</p> <p><b>Age group:</b> Seniors Adults <b>event type:</b> DIY and Maker, Art &amp; Music</p> <p>Get into the holiday spirit with a delightful DIY project!</p>

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### Activities Calendar Special Happenings/Events

<b>Mon 12/02</b> 10:30 - 11:30 am <b><u>Gentle Fitness</u></b> 12:30 - 2:30 pm <b><u>Euchre</u></b>	<b>Tues 12/03</b> 9:30 - 11:30 am <b><u>Computer Tech Class w/Alicia</u></b> 10:30-11:30 am <b><u>Plarn Project</u></b> 12:30 - 2 pm <b><u>Knitting/Crochet</u></b> 2-4 pm <b><u>Ascendant Foot Care</u></b>	<b>Wed 12/04</b> 9:30 - 11:30 am <b><u>Exercise &amp; Fellowship Club - Freestyle</u></b> 12:30 - 2 pm <b><u>Bingo</u></b>	<b>Thurs 12/05</b> 10:00 - 11:30 am <b><u>Yoga w/Sue</u></b> PM Reserved - Staff Programming	<b>Fri 12/06</b> 10:30 - 11:30 am <b><u>Gentle Fitness</u></b> 12:30 - 2 pm <b><u>Art</u></b>
<b>Mon 12/09</b> 10:30 - 11:30 am <b><u>Gentle Fitness</u></b> 12:30 - 2:30 pm <b><u>Euchre</u></b>	<b>Tues 12/10</b> <b><u>10:00 - 11:30 am</u></b> <b><u>Cybersecurity Scam &amp; Fraud Education with CSS</u></b> 10:30-11:30 am <b><u>Plarn Project</u></b> 12:30 - 2 pm <b><u>Knitting/Crochet</u></b> 2:00 - 4:00 pm <b><u>Memory Cafe</u></b>	<b>Wed 12/11</b> 9:30 - 11:30 am <b><u>Exercise &amp; Fellowship Club - Freestylr</u></b> 12:30 - 2 pm <b><u>Bingo</u></b>	<b>Thurs 12/12</b> 10:00 - 11:30 am <b><u>Reserved</u></b> PM Reserved Staff Programming	<b>Fri 12/13</b> 10:30 - 11:30 am <b><u>Gentle Fitness</u></b> 12:30 - 2 pm <b><u>Art</u></b>
<b>Mon 12/16</b> 10:30 - 11:30 am <b><u>Gentle Fitness</u></b> 12:30 - 2:30 pm <b><u>Euchre</u></b>	<b>Tues 12/17</b> 10:30-11:30 am <b><u>Plarn Project</u></b> 12:30 - 2 pm <b><u>Knitting/Crochet</u></b>	<b>Wed 12/18</b> 9:30 - 11:30 am <b><u>Exercise &amp; Fellowship Club - Freestyle</u></b> 12:30 - 2 pm <b><u>Bingo</u></b>	<b>Thurs 12/19</b> <b><u>10:30 - 3:00 pm</u></b> <b><u>POTLUCK &amp; HOLIDAY PARTY!</u></b> Please bring a \$5 gendered gift to share! Crafts, music, singing, food, goodies, fun!	<b>Fri 12/20</b> 10:30 - 11:30 am <b><u>Gentle Fitness</u></b> 12:30 - 2 pm <b><u>Art</u></b>
<b>Mon 12/23</b> Center Closed for the Holidays	<b>Tues 12/24</b> Center Closed for the Holidays	<b>Wed 12/25</b> Center Closed for the Holidays	<b>Thurs 12/26</b> Center Closed for the Holidays	<b>Fri 12/27</b> Center Closed for the Holidays
<b>Mon 12/30</b> Center Closed for the Holidays	<b>Tues 12/31</b> <b><u>NEW YEAR'S EVE</u></b> Center Closed for the Holidays	<b>Wed 01/01/25</b> <b><u>New Year's Day</u></b> Center Closed for the Holidays	<b>Thurs 1/02/25</b> Center Closed for the Holidays	<b>Fri 1/03/25</b> Center Closed for the Holidays

**Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197**

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: [www.ypsiseniorcenter.org](http://www.ypsiseniorcenter.org) | Email: [info@ypsiseniorcenter.org](mailto:info@ypsiseniorcenter.org) Social: Facebook

Monica Prince, Director | Jasmine Figgins, Associate Director | J Blair, Program Coordinator | S McKinney, Special Projects





## DECEMBER 2024 Newsletter

**MENU** (Not required - \$3 Donation Box at Receptionist Desk) | Milk is always 1% | Rolls are wheat | Margarine is provided

Monday	Tuesday	Wednesday	Thursday	Friday
02) Sloppy Joe Sandwich with Bun, O'Brien Potatoes, Green Beans, Diced Peaches, Milk	03) Maurice Salad w/Diced Ham, Diced Turkey, Shredded Swiss Cheese. Green Garden Maurice Salad, Twice Baked Potato Chowder, Fresh Apple, Pita Bread, Milk	04) Baked Ziti w/Four Cheese, Diced Carrots, Italian Garden Green Salad w/Garbanzo Bean Garnish, Romaine Dressing, Strawberries w/Whip Topping, Italian Bread, Milk	05) Turkey Broccoli Rice Casserole w/Cheddar Cheese Garnish, Zucchini & Tomatoes, Brown Bean Salad, Fruited Gelatin, Bread, Milk	06) Roast Beef w/Beef Gravy, Garlic Mashed Potatoes, Creamy Confetti Coleslaw, Banana, Dinner Roll, Oatmeal Raisin Cookie, Milk
09) Hawaiian Meatballs, Over Brown Rice, Whole Kernel Corn, Green Beans, Apricots, Dinner Roll, Milk	10) Turkey Enchilada Casserole, Refried Beans w/Cheddar Cheese Garnish, Broccoli, Cauliflower & Tomato Salad, Mandarin Oranges & Pineapple Tidbits, Bread, Milk	11) Stuffed Peppers, Garden Green Salad w/Romaine w/Italian Dressing, Garlic Mashed Redskin, Mixed Berries w/Whip, Dinner Roll, Milk	12) Oven Baked Crispy Chicken, Cauliflower w/Cheese Sauce, Steamed Collard Greens, Fresh Orange, Biscuit w/Margarine, Milk	13) Potato Crunch Pollock w/Tartar Sauce served over Wild Rice. Garden Peas & Pearl Onions, Diced Pickled Beets & Onion Salad, Banana, Milk
16) Pepper Steak served over Brown Rice, Carrot Coins, Zucchini & Tomatoes, Tropical Fruit Salad, Bread, Milk	17) <b>HOLIDAY CELEBRATION.</b> Marinated Boneless Pork Cutlet, Baked Potato, Creamy Confetti Coleslaw, Warm Cherry Crisp, Sour Cream, Dinner Roll, Milk	18) BBQ Chicken Breast w/BBQ Sauce, Baked Beans, Cucumber, Tomato, & Onion Salad, Fresh Apple, Corn Bread, Milk	19) <b>POTLUCK &amp; YSC Holiday Party</b>  Center will provide ham, bring a holiday dish and gift to share.	20) Florentine Stuffed Shells, Italian Garden Green Salad w/Garbanzo Bean Garnish, Romaine w/Ranch Dressing, Ranch Dressing, Green Beans, Strawberries w/whip, Bread, Milk
23) Center Closed	24) Center Closed	25) Center Closed	26) Center Closed	27) Center Closed
30) Center Closed	31) Center Closed	1/01/25 Center Closed	01/02 Center Closed	1/03 Center Closed

If additional food resources are needed during the holiday season, please go to: <https://www.foodgatherers.org/foodresources/>

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