



JUNE 2025 NEWSLETTER

Our Mission: “Creating great experiences for older adults in a welcoming environment that encourages learning, active engagement, fitness, and healthy living.”

~ From the Director ~

~Building Updates~

At the time of writing, our building remains closed and under flood remediation, plus reconstruction. **Please watch for notices** on the door of the building, our Facebook page, and our website for updates.

Washtenaw Community College Senior Focus classes through YSC are temporarily being held at **Parkridge Community Center, 591 Armstrong Place, Ypsilanti 48197. After June 13th, except line dancing,* WCC** classes will be held at **Peace Neighborhood Center HUB, 1515 S Harris Rd, Ypsilanti 48198. *Line Dancing** will be the **Whitaker Rd branch of the Ypsilanti District Library.**

Eastern MI University (EMU Engage) Computer Tech class is being held at the **Ypsilanti Public Library, Whitaker Rd branch.**

The only volunteer-led class at this time is **Gentle Fitness**. It is being held at “The Ypsi” **218 N Adams St, 48197**. Please see the activities calendar for more information.

We thank our community partners for providing space and our members for their patience as we work through reconstruction.

~National Days~

The Summer Solstice: June 19, 2025. Enjoy!



🎓 The YSC congratulates all graduates this month, especially those of our Intergenerational Program partner organization, **Educate Youth!** We hope to shore up our programming this summer as building plans allow.

~
Sunday, June 15th is **Father’s Day 2025!**
Celebrate all the dads in your life!



Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: w.ypsiseniorcenter.org | Email: info@ypsiseniorcenter.org Social: Facebook

Monica Prince, Director | Jasmine Figgins, Associate Director | J Blair, Program Coordinator | S McKinney, Special Projects



~Ypsilanti Senior Center (YSC) News & Events~

A **Community Potluck** will be held at **Recreation Park**, adjacent to the senior center near **1015 N Congress, Ypsilanti 48197**, on **Tuesday, June 17, 2025, 11:00 to 2:00 pm**. Pulled pork sandwiches will be provided. Members, please bring a complimentary side dish and plenty of fellowship to share.

Computer Technology Class (EMU - Engage) - This class is currently being held at the **Whitaker Road branch of the Ypsilanti District Library**. The spring session is full and started May 20, 2025. **Classes are Tuesdays, 9:30 to 11:30am**. If additional support is needed from participation in a prior class, feel free to drop in with your questions. To be waitlisted for the next session that will start in **September 2025**, please provide your contact information, including email, to joyce@ypsiseniorcenter.org. To learn more: <https://www.emich.edu/engage/community/digital-connecting-corps.php>



Donations - To make a contribution to the YSC, please write a check to Ypsilanti Senior Center, (you can specify how you would like funds used); provide cash; or donate online at <https://ypsiseniorcenter.org/>. Alternately, this QR code may be used to connect to **Network for Good**:



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Please watch for an announcement regarding the **Intergenerational Program (IGP) 2025** with **Educate Youth** for this summer. **Dates and location to be determined (TBD).**

<https://educateyouthypsi.org/>



The YSC Annual **Jewelry Sale** will take place on **Saturday, June 7, 2025, 9 am to 4 pm** on the grounds outside our building. Please call the center if you would like to make a jewelry donation; or your donation can be placed in the box at the building entrance. Led by volunteers **Marilyn F. and Sylvia B. (more are needed)**, this event promises to be wonderful. Additional volunteers are needed for set-up and tear down. Contact Jasmine@ypsiseniorcenter.org to sign up for volunteering or leave a message at the center through voicemail.

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Memory Cafe' meets on the 2nd Tuesday of the month, however; sessions are cancelled pending reopening. Memory cafes are social gatherings that provide a safe and supportive space for people with memory loss and their caregivers to connect, socialize, and build support networks. Everyone is welcome! Watch the website and Facebook page for upcoming meeting times.

The **Out-To-Eat Bunch** continues to meet (1st Fridays) despite the building being temporarily closed. Coordinated by YSC volunteer Joyce D., the next friends gathering and luncheon will be on Friday, June 6th at Bob Evans Restaurant, 2411 Carpenter Rd, Ypsilanti, 48197, from 11:30 am-until. Buy Your Own Meal (BYOM). 🍔 🍌 🥗 🍪

Senior Nutrition Café Lunch Meals at the YSC are currently suspended. Please see <https://www.washtenaw.org/2977/Senior-Cafes> for information on sites that are open. 🍷 Our Nutrition Coordinator may have more information. Please contact Sarah by email sarahmckinney@ypsiseniorcenter.org.

State Health Insurance Assistance Program (SHIP), Michigan Medicare Assistance Program: If you have questions about Medicare, even if you are eligible for both Medicare & Medicaid, or need billing resolution, please call (800) 803-7174 and ask for an appointment to meet with a Medicare Assistance Program (MAP) counselor. For more information, see <https://mmapinc.org>.

YSC Services and Classes Closed. Thursday, June 19, 2025, staff will not be available, and the center will remain closed in celebration of Juneteenth 2025. Juneteenth is a celebration of freedom for everyone. The holiday is an opportunity to remember the past, celebrate progress, and continue to strive for equality and equity for every person.



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**WASHTENAW COMMUNITY COLLEGE
SENIOR FOCUS CLASSES (10 weeks) SPRING 2025 Schedule**

**TEMP LOCATION(S): PARKRIDGE CENTER, 591 ARMSTRONG DR,
YPSILANTI, 48197**

**AFTER JUNE 13TH, WCC CLASSES, EXCEPT LINE DANCING*, WILL MEET
AT PEACE NEIGHBORHOOD CENTER HUB, 1515 S HARRIS RD YPSILANTI,
48198 AT THEIR REGULAR DAYS/TIMES.**

**EFFECTIVE 6/18/25 - *LINE DANCING WILL MEET AT THE YPSILANTI
DISTRICT LIBRARY, WHITAKER RD BRANCH.**

TAI CHI with KARLA

MONDAYS, BEGINNING MAY 12, 2025 – JULY 21, 2025

2:30 TO 3:30 PM

Skip Date: JUNE 16, 2025

SENIOR FITNESS with MARK

WEDNESDAYS, BEGINNING MAY 7, 2025 – JULY 23, 2025

9:30 – 10:30 am

Skip Date: JUNE 18, 2025

LINE DANCING with DEE

10:30 am – 11:30 am

WEDNESDAYS, BEGINNING MAY 14, 2025 – JULY 23, 2025

Skip Date: Ask Instructor

YOGA with LIZ

10:00 am – 11:30 am

THURSDAYS, BEGINNING MAY 22, 2025 – JULY 16, 2025

Skip Date: Ask Instructor

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~Community Events, Information, & News~

<p>Area Agency on Aging 1-B</p>  <p>Formerly known as Area Agency on Aging 1B</p> <p>https://www.ageways.org</p>	<p>Helping Seniors and Family Caregivers Find the Programs and Support They Need</p> <p>Services like <i>Meals on Wheels</i>, <i>home care</i>, or <i>transportation</i> can play a big part in helping make sure seniors can live comfortably and safely in any place they call home - whether that's their own home or apartment, an assisted living facility or with family caregivers. These services can give families the extra help they need to fully care for an older loved one. Not sure of what services would work for your family? Call our Information and Assistance Telephone Line at (800) 852-7795 and get help from one of our trained and certified resource specialists.</p>
 <p>Movie Theatre</p> <p>https://w.cinemark.com/theatres/mi-ypsilanti/cinemark-ann-arbor-20-and-imax</p>	<p>Senior Discount all day Mondays (\$6.50) and before 6 PM on other days (\$7.00) Senior rate at all other times is (\$8.25)</p> <p>Address: 4100 Carpenter Rd, Ypsilanti, MI 48197</p> <p>Phone: (734) 973-8424 </p>
 <p>w.dfsaline.org</p> <p>DFS Movie Program: Movies are held on the second Wednesday of each month. <i>Starting in December, reservations will be required! Please email kelsey.dfsaline@gmail.com to reserve your tickets.</i></p>	<p>Saline Emagine Theatre 1335 E Michigan Avenue Saline, MI 48176</p> <p>Doors open at 1:00pm Movie begins at 2:00pm Ticket cost: \$5* (Ticket price includes popcorn, soda and a light buffet.)</p> <p>June 11th - Roman Holiday</p>

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Empower@Home

Empower Your Mind, Uplift Your Life Mental health & well-being help in your home.

Welcome to Empower@Home! This easy-to-use program helps you take charge of your well-being.

It's made specifically for older adults, focusing on their unique needs. The program has 9 interactive sessions, each about 30 minutes long. These sessions include videos and exercises that teach you practical tools for managing your mood, thoughts, behaviors, and relationships.

The program is self-paced, so you can go at your own speed from the comfort of your own home. Along the way, you'll also have the support of a printed workbook and a trained coach.

University of Michigan
1080 S University Ave, Ann Arbor, MI 48109 USA
info@empower-at-home.com
+1 734 215 5599



Ph: (734) 259-4125 or (833) 653-6544
 Email: info@feonix.org

Meals, Medical & Grocery Store Transportation are available through **Feonix – Mobility Rising**. Feonix is a private, non-profit organization that creates mobility solutions, technology, educational programs, and global communities around the common goal of transportation for all. Feonix is dedicated to supporting mobility for underserved populations through community-led transportation solutions. For more information about Feonix, go to:
<https://feonix.aarp.org/washtenaw/?CMP=RDRCT-ADS-MaaS-MI-JUN2020>.

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Healthy Together West Willow

Health at Home & in Your Neighborhood

<https://westwillowhealth.org/>

June Focus: Men's Health Month

Healthy Together is a community-based, volunteer and student run program focused on improving the health and wellness of older adults in the **West Willow Neighborhood of Ypsilanti**.

It's easy to get started on a path of healthier living. You'll talk with a student intern to provide information on your health needs and what you want to accomplish with the program.

YPSILANTI
PEACENIC

2025

Inspiring Peace: Uniting Communities for a Better Tomorrow. Join us for this free event filled with resources, youth activities, food and entertainment.

**Saturday, June 7th • 3PM-7PM
Parkridge Park, Ypsilanti**

Riverside Park Ypsilanti is in full spring/summer beauty mode. Visit soon to enjoy.



2 E Cross St, Ypsilanti 48197

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Rutherford Pool located at **975 N Congress St, Ypsilanti, 48197**, has **Senior Swim Passes** available for sale. The pool has reopened for the 2025 season. Adult lap swim is available as are family swim dates and times. Please see the website for more information: Ph: **734-905-7391** or Email: Friends@rutherfordpool.org
Website: <https://www.forpool.org/>



\$ SENIOR DISCOUNTS \$

Older adults can save some cash at many area retailers. Here are some examples:

K [Kohl's](#): 15% off every Wednesday for those 60 and older.

meijer offers a 10% discount the first Tuesday of the month for those ages 55 & older.

Sam's Club: Offers senior membership discounts for those 50 and older who haven't been an active member in the last six months.

w Walgreens: 1st Tuesday of the month; 20% discount on all purchases!

More information for discounts at:

<https://www.metroparent.com/aging/finance/great-senior-discounts-in-michigan/>

Live Theatre



The Taming of the Shrew

218 N Adams St, Ypsilanti, MI 48197
(734) 478-251

Presented By: Brevity Shakespeare
Dates: 5/30/2025, 5/31/2025, 6/1/2025,
6/6/2025, 6/7/2025, 6/8/2025

Location: [Ypsilanti Performance Space](#)
Time: Fridays & Saturdays: 7:30 PM / Sundays:
2 PM
Price: \$10-\$15

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THUNDER OVER MICHIGAN AIR SHOW
PRESENTED BY WAYNE COUNTY AIRPORT AUTHORITY

<https://thunderovermichigan.org/>

**FEEL THE
THUNDER JUNE**

20-22, 2025

**AN ACTION-PACKED WEEKEND AT
WILLOW RUN AIRPORT**

BLUES. THRILLS. FAMILY FUN.

Washtenaw County Farmers Markets

<https://www.ypsireal.com/things-to-do/farms-farmers-markets/>



YPSI Your Elected Officials

Get Involved! UPDATED 2025

YOUR ELECTED OFFICIALS and how to contact them. IMPORTANT!!!

The traditional LWV brochure "Your Elected Officials and how to contact them" (YEO for short) has been for many years a valuable resource for local residents.

The new version is county-wide and includes city, village and township officials as well as state and federal. Because this is a lot of information to pack onto the page, there are two versions of YEO: East (as far as Saline and York Township) and West (Scio Township and beyond).

East Washtenaw County: https://my.lwv.org/sites/default/files/2025_lwv_east_electedofficials_quadfold_web.pdf

West Washtenaw County: https://my.lwv.org/sites/default/files/2025_lwv_west_electedofficials_quadfold_web.pdf

Let your friends and neighbors know about Know **Your Elected Officials** and how to contact them. These files can be shared electronically or print some copies for your neighborhood coffee house.

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Ypsilanti District Library Events JUNE 2025

Please see the library website to register, for listings of additional classes, or for more information:
<https://attend.ypsilibrary.org/events>

Senior Advisory Board

**YDL - Whitaker Board Room -
Thursday June 19, 2025, 1:00PM**

YDL Guitar Club

Saturdays June 14th & 28th -10:00AM

YDL-Michigan

Adults / Art & Music / Seniors



Chair Yoga For All Levels, with instructor Melanie Herron

**Fridays in June at 10:30AM
YDL-Superior**

Adults / Health & Wellness / Seniors

First Fridays at YDL - Michigan Avenue Open House!!

**Friday, June 6, 2025, at 6:00 PM
YDL - Superior**

Celebrating the reopening!

Meditation with Ease: Guided in- person meditation

**Weekly on Tuesdays, 6:00PM
YDL-Superior**

Meditation has many benefits for our health and well-being. Drop in for simple, guided, non-religious awareness practices in the company of friends you may not have met yet!

Friday Walking Club (55+)

**Fridays, June 6th & 20th, 10:30 AM
YDL - Whitaker**

Join us for a walk around the paths surrounding the Whittaker Rd library.
Enjoy company and exercise!



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Activities & Classes Calendar WCC Instructors EMU ENGAGE

Mon 6/2 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi" 218 N Adams Ypsilanti	Tues 6/3 9:30 - 11:30 am Computer Tech Class EMU* Meets at Ypsilanti District Library, Whitaker Branch	Wed 6/4 9:30 - 10:30 am Senior Fitness w/Mark 10:30 - 11:30am Line Dancing w/Dee Meets at Parkridge Center 591 Armstrong Dr Ypsilanti until 6/13	Wed 6/5 10:00 - 11:30 Yoga w/Liz Meets at Parkridge Center 591 Armstrong, Ypsilanti	Fri 6/6 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi" 218 N Adams Ypsilanti
Mon 6/9 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi"	Mon 6/10 9:30 - 11:30 am Computer Tech Class EMU* Meets at Ypsilanti District Library, Whitaker Branch	Wed 6/11 9:30 - 10:30 am Senior Fitness w/Mark 10:30 - 11:30am Line Dancing w/Dee Meets at Parkridge Center	Thurs 6/12 10:00 - 11:30 Yoga w/Liz Meets at Parkridge Center PARKRIDGE MEETING SITE ENDS!	Fri 6/13 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi"
Mon 6/16 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi" 2:30 - 3:30 Tai Chi w/Karla Meets Peace Neighborhood Center HUB, 1515 S Harris Rd, Ypsi, 48198	Tues 6/17 9:30 - 11:30 am Computer Tech Class EMU* Meets at Ypsilanti District Library, Whitaker Branch	Wed 6/18 9:30 - 10:30 am Senior Fitness w/Mark SKIP DATE 10:30 - 11:30am Line Dancing w/Dee LINE DANCING* *Ypsi District Library Whitaker Rd Branch See WCC Schedule	Thurs 6/19 NO YOGA CLASS NO SERVICES JUNETEENTH HOLIDAY CELEBRATION Meets Peace Neighborhood Center HUB, 1515 S Harris Rd, Ypsi, 48198	Fri 6/20 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi"
Mon 6/23 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi" 2:30 - 3:30 Tai Chi w/Karla Peace Neighborhood Center HUB, 1515 S Harris Rd, Ypsi, 48198	Tues 6/24 9:30 - 11:30 am Computer Tech Class EMU* Meets at Ypsilanti District Library, Whitaker Branch	Wed 6/25 9:30 - 10:30 am Senior Fitness w/Mark Two locations see Schedule 10:30 - 11:30am Line Dancing w/Dee SEE SCHEDULE	Thurs 6/26 10:00 - 11:30 Yoga w/Liz Peace Neighborhood Center HUB, 1515 S Harris Rd, Ypsi, 48198	Fri 6/27 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi"
06/30 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi" 2:30 - 3:30 Tai Chi w/Karla Meets at PEACE HUB				

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