



## August 2025 NEWSLETTER

**Our Mission: “Creating great experiences for older adults in a welcoming environment that encourages learning, active engagement, fitness, and healthy living.”**

### **~ From the Director ~**

#### **~Building Updates~**

*At the time of writing, our **building** remains closed, under flood remediation and remodeling. **WCC classes are on break in August.** Please watch for notices on the door of the building, our Facebook page, and our website, for updates about **activities**.*

~

The Ypsilanti Senior Center is vital to the surrounding community. We have built friendly relationships, partnerships, programming, and a community of seniors who volunteer and “give back.” **Our classes are free of cost to participants.** When the building is open, we are a Senior Nutrition site each week day. The center greatly enhances community relations, and provides needed resources, knowledge, skills, and services to area seniors and other community members.

~

*On July 3, 2025, the **Washtenaw County Board of Commissioners** approved a regional **Office of Aging Services** to administer \$11 million dollars in taxpayer-approved funds that will directly benefit people ages 60 and older in our county. Stay tuned... 😊*

**Sunday, August 3, 2025**, we encourage you to celebrate **National Friendship Day**, a day where friends and community are celebrated.

Take a moment out and celebrate a friend in your Ypsilanti neighborhood.



~

We hope you will join us for our monthly Community Potluck. For more information, see **YSC News and Events** to follow.



**Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197**

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: [w.ypsiseniorcenter.org](http://w.ypsiseniorcenter.org) | Email: [info@ypsiseniorcenter.org](mailto:info@ypsiseniorcenter.org) Social: Facebook

Monica Prince, Director | Jasmine Figgins, Associate Director | J Blair, Program Coordinator | S McKinney, Special Projects



## ~Ypsilanti Senior Center (YSC) News & Events~

A **Community Potluck** will be held at the Ypsilanti Freighthouse, 100 Market Place, Ypsilanti, 48198 on Tuesday, August 19, 2025, 11:30 to 2:00 pm.

Build-your-own smoked turkey/cheese sandwiches, plus condiments, will be provided. Members, please bring a *complimentary* side dish, dessert, or drinks; and plenty of fellowship, to share.

**Computer Technology Class (Eastern Michigan University's EMU - Engage).** *The classes through Ypsilanti Senior Center are suspended at this time.* For further information, or to find another class location, please visit:

<https://www.emich.edu/engage/community/digital-connecting-corps.php>

**Donations** - To make a contribution to the YSC, please write a check to Ypsilanti Senior Center, (funds can be designated for specific purposes); provide cash; or donate online at <https://ypsiseniorcenter.org/>. Alternately, the QR code below may be used to connect to Network for Good:



**Memory Cafe'** meets on the 2nd Tuesday of the month, however; sessions are suspended pending reopening. *Memory cafes are social gatherings that provide a safe and supportive space for people with memory loss and their caregivers to connect, socialize, and build support networks.* Everyone is welcome! Watch the website and Facebook page for upcoming meetings.

The **Out-To-Eat Bunch** The 1st Friday restaurant luncheon group continues to meet. Coordinated by YSC volunteer **Joyce D.**, the next gathering will be **Friday, August 1, 2025, 11:30 am-until at Black Rock Bar & Grill Restaurant, 3776 S State Street, Ann Arbor, 48108.** Ph: **(734) 992-7625** More information:

<https://www.blackrockrestaurants.com/michigan-dinner-menu>

Buy Your Own Meal (BYOM). 🍔 🍷 🥗 🍫

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**Senior Nutrition Café Lunch Meals** at the YSC are currently suspended. To locate sites that are open, please see: <https://www.washtenaw.org/2977/Senior-Cafes>. Registration is required. 🍷 For more information, please contact Special Projects Coordinator Sarah, at [sarahmckinney@ypsiseniorcenter.org](mailto:sarahmckinney@ypsiseniorcenter.org).



### **Volunteers Needed!**

If interested in volunteering for **building cleanup, moving items, or any activities associated** with the YSC, please email Jasmine Figgins at [jasmine@ypsiseniorcenter.org](mailto:jasmine@ypsiseniorcenter.org).

**YSC Volunteer Service Group** (Plarn [plastic yarn], Knitting, Crochet) group meets on **Tuesday mornings** at **First United Methodist Church, at 209 Washtenaw Avenue, Ypsilanti, 48197** at about 10:00 am.. Ph: [\(734\) 482-8374](tel:7344828374) . Plarn mats created by this group are donated to the community shelter **PEACE House**, Ypsilanti.



**YSC Membership:** *We value your membership and participation at the Ypsilanti Senior Center activities. Though the building is closed, please know we are working toward continued programming and community support. To our members, the community, Board, and staff, we thank you for your commitments toward sustainability. To become a member, please contact **Sarah** McKinney at [sarahmckinney@ypsiseniorcenter.org](mailto:sarahmckinney@ypsiseniorcenter.org). 😊*

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**WASHTENAW COMMUNITY COLLEGE**  
**YSC SENIOR FOCUS CLASSES (10 weeks**  
**FALL 2025 SCHEDULE - Location TBA**

**TAI CHI with KARLA**

MONDAYS, BEGINNING SEPT 15, 2025 – NOV 17, 2025

2:30 TO 3:30 PM

Skip Date: Ask Instructor

**SENIOR FITNESS with MICHELLE**

9:30 – 10:30 am

WEDNESDAYS, BEGINNING SEPT 17, 2025 – NOV 19, 2025

Skip Date: Ask Instructor

**LINE DANCING with DEE**

10:30 am – 11:30 am

WEDNESDAYS, BEGINNING SEPT 17, 2025 – NOV 19, 2025

Skip Date: Ask Instructor

**YOGA with LIZ**

THURSDAYS, BEGINNING SEPT 18, 2025 – NOV 20, 2025

10:00 am – 11:30 am

Skip Date: Ask Instructor



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~Community Events, Information, & News~

<p>Area Agency on Aging 1-B</p>  <p>We help older adults age in the ways they choose.</p>	<p>For information about <b>Senior Resources</b>, and programs we offer, please call <b>800-852-7795</b>. For information about <b>Medicare</b> (including those dual-eligible for <b>Medicaid</b>), please contact <b>MI Options Medicare Assistance Program</b> through the <b>State Health Insurance Assistance Program (SHIP)</b> at Ageways. <b>Ph: (800) 803-7174.</b></p>
 <p><b>Movie Theatre</b> <a href="https://w.cinemark.com/theatres/mi-ypsilanti/cinemark-ann-arbor-20-and-imax">https://w.cinemark.com/theatres/mi-ypsilanti/cinemark-ann-arbor-20-and-imax</a></p>	<p><b>Senior Discount all day Mondays (\$6.50) and before 6 PM on other days (\$7.00)</b> <b>Senior rate at all other times is (\$8.25)</b> <b>Address:</b> 4100 Carpenter Rd, Ypsilanti, MI 48197 <b>Phone: (734) 973-8424</b> 🎬 🍿 📺</p>
<p><b>Cooling Centers/Washtenaw County</b> It is the season of very warm weather. Many people need shelter. Cooling center information can be found here: <a href="https://www.washtenaw.org/3636/Summer-Cooling-Sites">https://www.washtenaw.org/3636/Summer-Cooling-Sites</a> If you are suffering from heat illness, please contact your healthcare provider.</p>	
 <p><b>DFS Movie Program:</b> Movies are held on the second Wednesday of each month. <i>Starting in December, reservations will be required! Please email <a href="mailto:kelsey.dfsaline@gmail.com">kelsey.dfsaline@gmail.com</a> to reserve your tickets.</i></p>	<p><b>Saline Emagine Theatre</b> <b>1335 E Michigan Avenue</b> <b>Saline, MI 48176</b></p> <p>Doors open at 1:00pm Movie begins at 2:00pm <b>Ticket cost: \$5*</b> (Ticket price includes popcorn, soda and a light buffet.) <b>August 13th - Letterheads</b></p>

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## **DEE'S LINE DANCE POTLUCK**



**Saturday, August 2, 2025 11:00 am to 2:00 pm**

**Ypsilanti Township Community Center  
2025 E. Clark Rd, Ypsilanti 48198**

**Come out to dance and fellowship!**

**Bring a breakfast or lunch dish,  
or dessert to share.**



**Proud to partner with Ypsilanti Township Community Center, 50 & Beyond Program**

**If you have any questions, please contact Dee at  
734.972.9242.**

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### **Empower@Home**

*Empower Your Mind, Uplift Your Life Mental health & well-being help in your home.*

This easy-to-use research study program helps you take charge of your well-being. It's made specifically for older adults, focusing on their unique needs. The program has 9 interactive sessions, each about 30 minutes long. These sessions include videos and exercises that teach you practical tools for managing your mood, thoughts, behaviors, and relationships. The program is self-paced, so you can go at your own speed from the comfort of your own home. Along the way, you'll also have the support of a printed workbook and a trained coach. Payments for participation and referrals.

**University of Michigan**  
 1080 S University Ave, Ann Arbor, MI 48109 USA  
 info@empower-at-home.com

**Ph: (734) 215 5599 | Web: <https://empower-at-home.com/signup/>**



**Ph: (833) 653-6544 Email: [info@feonix.org](mailto:info@feonix.org)**

Please note: the website has changed.

**Meals, Medical & Grocery Store Transportation** are available through **Feonix – Mobility Rising**.

Feonix is a private, non-profit organization that creates mobility solutions, technology, educational programs, and global communities around the common goal of transportation for all. Feonix is dedicated to supporting mobility for underserved populations through community-led transportation solutions. For more information:

[https://www.myride2.com/transit\\_providers/feonix-mobility-rising-washtenaw-transportation-assistance-hub/](https://www.myride2.com/transit_providers/feonix-mobility-rising-washtenaw-transportation-assistance-hub/)



**Healthy Together**  
**West Willow**

**Health at Home & in Your Neighborhood**  
<https://westwillowhealth.org/>

Healthy Together is a community-based, volunteer and student run program focused on improving the health and wellness of older adults in the West Willow Neighborhood of Ypsilanti. It's easy to get started on a path of healthier living.

**August Focus: Immunizations**

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9075 S Huron River Dr, Ypsilanti, MI 48197

**Fridays in August:** 8/1/2025, 8/8/2025,  
8/15/2025, 8/22/2025, 8/29/2025

Location: **Ford Lake Park**

Time: **7:00 PM** - Price: **\$20.00**

More: <https://www.johnelawrencejazz.com/>

## **Parkridge Summerfest & Joe Dulin Day.**



CITY OF  
**YPSILANTI**

**Free Health Screenings and Resources,  
Food, Music, Fun**

[https://www.cityofypsilanti.com/Calendar.aspx  
?EID=3100](https://www.cityofypsilanti.com/Calendar.aspx?EID=3100)

Date: **Saturday, August 23, 2025**

Time: **11:00 AM - 6:00 PM**

Location: **Parkridge Park**

Address: **791 Harriet Street**

Ypsilanti, MI 48197



**Peace Neighborhood Center HUB (Healing, Unifying, Building)** At PNCH, services are provided through a number of programs that work together in conjunction with Peace's mission of helping individuals discover options, enhance skills, and to make choices that lead to self-sufficiency and positive community involvement. **Each Tuesday evening, 5 - 6:30 pm, a free and delicious community dinner** is held for families. The neighborhood is welcome at **1515 S Harris, Ypsilanti 48198**. <https://peaceneighborhoodcenter.org/about-us/hub-center/>



Peace  
Neighborhood  
Center

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## **\$ SENIOR DISCOUNTS \$**

**K** **Kohl's:** 15% off every Wednesday for those 60 and older.

**meijer** offers a 10% discount the first Tuesday of the month for those age 55 & older.

**Sam's Club:** Offers senior membership discounts for those 50 and older who haven't been an active member in the last six months.

**w** **Walgreens:** **1st Tuesday of the month; 20% discount on all purchases!**

More information for discounts at:

<https://www.metroparent.com/aging/finance/great-senior-discounts-in-michigan/>

## **Washtenaw County Markets**

<https://www.ypsireal.com/things-to-do/farms-farmers-markets/>

<https://www.growinghope.net/>

<https://ypsifoodcoop.org/>



## **Ypsilanti Area Voting Information**

Please note: **the next local election is Tuesday, August 5, 2025.** Though the Ypsilanti Senior Center is normally a voting location, we are closed. **Please go to your local city or township clerk's office for information about where to vote:**

<https://cityofypsilanti.com/194/Polling-Locations> or <https://mVIC.sos.state.mi.us/>

East Washtenaw County:

[https://my.lwv.org/sites/default/files/2025\\_lwv\\_east\\_electedofficials\\_quadfold\\_web.pdf](https://my.lwv.org/sites/default/files/2025_lwv_east_electedofficials_quadfold_web.pdf)

West Washtenaw County:

[https://my.lwv.org/sites/default/files/2025\\_lwv\\_west\\_electedofficials\\_quadfold\\_web.pdf](https://my.lwv.org/sites/default/files/2025_lwv_west_electedofficials_quadfold_web.pdf)

Mid-term political races and elections will take place in 2026, including for the next Michigan governor. Please get informed, know the issues, and participate in the voting process. More information here: <https://www.michigan.gov/sos/elections/voting>.

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## ***Ypsilanti District Library Events AUGUST 2025***

Please see the library website to register,  
for listings of additional classes, or for  
more information:

<https://attend.ypsilibrary.org/events>

### **YDL Guitar Club**

**Saturdays August, 9th & 23rd  
10:00 AM**

### **YDL-Michigan**

Adults / Art & Music / Seniors



### **Mahjong Meet Up**

**Mondays in August - 10:00 AM  
YDL-Whitaker**

A weekly Mahjong group for new and  
experienced players

### **Garden to Table - Ages 8+**

**Monday, August 4th & 11th at 2:00 PM  
YDL - Superior**

Join us as we cook tasty snacks and foods  
made with vegetables and herbs from our  
Learning Garden.

### **MI Works! Southeast MI Ages 14+**

**Wednesday, August 13th - 11:00 AM  
YDL-Whitaker**

A representative will be in the lobby to  
answer your questions and provide  
information and assistance on job leads,  
employment, job fairs, and career guidance.

### **Friday Walking Club (55+)**

**Fridays, August 1st & 15th - 10:30 AM  
YDL - Whitaker**

Join us for a walk around the paths  
surrounding the Whittaker Rd library.  
Meet in the lobby.



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## Activities and Classes Calendar

				<b><u>Fri 8/1</u></b> 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi" 218 N Adams St, Ypsi
<b><u>Mon 8/4</u></b> 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi" 218 N Adams St, Ypsi	<b><u>Mon 8/5</u></b> Local Election Day CLOSED	<b><u>Wed 8/6</u></b>	<b><u>Thurs 8/7</u></b>	<b><u>Fri 8/8</u></b> 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi" 218 N Adams St, Ypsi
<b><u>Mon 8/11</u></b> 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi"	<b><u>Tues 8/12</u></b> Volunteer Service Group Plarn/Knitting/Crochet First United Methodist Church 209 Washtenaw Ave Ypsilanti 48197	<b><u>Wed 8/13</u></b>	<b><u>Thurs 8/14</u></b>	<b><u>Fri 8/15</u></b> 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi"
<b><u>Mon 8/18</u></b> 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi"	<b><u>Tues 8/19</u></b> Potluck Ypsi Freighthouse 1130am - 2:00pm	<b><u>Wed 8/20</u></b>	<b><u>Thurs 8/21</u></b>	<b><u>Fri 8/22</u></b> 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi"
<b><u>Mon 8/25</u></b> 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi"	<b><u>Tues 8/26</u></b> Volunteer Service Group	<b><u>Wed 8/27</u></b>	<b><u>Thurs 8/28</u></b>	<b><u>Fri 8/29</u></b> 10:30 - 11:30am Gentle Fitness *Meets at "The Ypsi"  <b>LAST CLASS UNTIL FURTHER NOTICE</b>
<b><u>Mon 9/1</u></b> LABOR DAY HOLIDAY				

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