



NOVEMBER 2025 NEWSLETTER

Our Mission: “Creating great experiences for older adults in a welcoming environment that encourages learning, active engagement, fitness, and healthy living.”

~ A Message from the Ypsilanti Senior Center Board and President ~

We are sad to announce that Executive Director **Monica Prince's** last day will be **December 19, 2025**. We are grateful for her many years of service to the Center.

Please plan to join us at our December Holiday Party to thank Monica and wish her well in the future! More information about the Holiday Party will be in the December newsletter.

The Ypsilanti Senior Center remains closed. Building repairs and remodeling are in progress. ***When a definite reopening date is announced, notices will be on our website, on social media, through an email blast, and posted on the building door.*** Thank you all for your patience with this process.

~

*The **Ypsilanti Senior Center** is vital to the surrounding community. We have built friendly relationships, partnerships, programming, and a community of seniors who volunteer and “give back.” **Classes are free of cost to participants.** The center greatly enhances community relations, and provides needed resources. If you would like to receive this newsletter electronically, please email your request to a staff member:*

jasmine@ypsiseniorcenter.org;

joyce@ypsiseniorcenter.org;

monica@ypsiseniorcenter.org;

sarahmckinney@ypsiseniorcenter.org

Tis the season of Thankfulness! 

A list of **holiday food resources** are on **page 8**.

Please celebrate **World Kindness Day on November 13, 2025**. Perhaps drive a neighbor to their doctor appointment or rake up leaves from their yard. Provide an unhoused person with a warm cup of coffee or some water and a snack. Open a door for someone. **Kindness and thankfulness** are more important than ever.

There are no activities on the following days:

Tuesday, November 4th - Election Day

Tuesday, November 11th - Veteran's Day

Thursday & Friday, November 27 thru 28th - Fall Harvest Days (Thanksgiving).

We hope you will join us for the **YSC Monthly Community Potluck, Tuesday, November 18, 2025, at 11:30 am..** For more information and location, please see **YSC News and Events**.

Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: w.ypsiseniorcenter.org | Email: info@ypsiseniorcenter.org Social: Facebook

Monica Prince, Director | Jasmine Figgins, Associate Director | J Blair, Program Coordinator | S McKinney, Special Projects



~Ypsilanti Senior Center (YSC) News & Events~

A **Community Potluck** will be held on **Tuesday, November 18, 2025, 11:30 am - 1:00 pm**, at the **Peace Neighborhood Center HUB, 1515 S Harris, Ypsilanti 48198**. Representatives from **Ageways** will present.. Sloppy Joe's will be the main dish. Members and participants, please bring a *complimentary* side dish, dessert, or drinks; and fellowship to share.

Computer Technology Class (Eastern Michigan University's EMU - Engage). *The classes through Ypsilanti Senior Center are suspended at this time until further notice.* To find another class location, please visit:

<https://www.emich.edu/engage/community/digital-connecting-corps.php>

Donations - To make a contribution to the YSC, please write a check to Ypsilanti Senior Center, (funds can be designated for specific purposes); provide cash; or donate online at <https://ypsiseniorcenter.org/>. Alternately, the QR code below may be used to connect to **Network for Good**:



Memory Cafe' meets on the 2nd Tuesday of the month, however; sessions are suspended pending reopening. *Memory cafes are social gatherings that provide a safe and supportive space for people with memory loss and their caregivers to connect, socialize, and build support networks.* All are welcome. Note: Facilitator needed. Please contact the center for more information.

The **Out-To-Eat Bunch** The 1st Friday restaurant luncheon group continues to meet. Coordinated by YSC volunteer **Joyce D.**, the next gathering will be **Friday, November 7, 2025, at Outback Steakhouse, 3173 Oak Valley Dr, Ann Arbor, 48103**, from 11:30 am - until. The phone number is: [\(734\) 662-7400](tel:7346627400). All are welcome. Buy Your Own Meal (BYOM). 🍔🥗 Don't forget your **AARP card** for a 10% discount!

Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: w.ypsiseniorcenter.org | Email: info@ypsiseniorcenter.org Social: Facebook

Monica Prince, Director | Jasmine Figgins, Associate Director | J Blair, Program Coordinator | S McKinney, Special Projects

Senior Nutrition Café Lunch Meals at the YSC are currently suspended. To locate sites that are open, please see: <https://www.washtenaw.org/2977/Senior-Cafes>. Registration is required. 🍷 For more information, please contact Sarah, at sarahmckinney@ypsiseniorcenter.org for more information. An application must be completed to participate in the meal program. **Upon reopening, the YSC will again be a Senior Meal site for Washtenaw County, 5 days per week at 11:45 am - 12:30 pm.**

Skilled Volunteers are needed to facilitate **group classes** that are being planned. *If you have a skill you would like to teach others (some ideas: arts and crafts, guitar lessons, indoor gardening, shuffleboard, singing/karaoke, basic hand-stitch sewing, decorating, wreath-making, memory cafe' etc.), please contact **Jasmine or Joyce** via email (see page 1).* **SPECIAL VOLUNTEER ASK:** *We are seeking volunteers to stuff and stamp envelopes on November 5th 10:00 am for the Annual Quilt Raffle mailing and to staff the booth at the Ypsilanti Freighthouse (see the Ypsi Holiday Market section). If interested, please leave a message at the center phone number. Thank you.*

YSC Volunteer Service Group & (Plarn [plastic yarn], Knitting, Crochet) continues to meet on **Tuesday mornings** until our building reopens, at **First United Methodist Church, at 209 Washtenaw Avenue, Ypsilanti, 48197** at about **10:00 am**. Ph: [\(734\) 482-8374](tel:7344828374). Plarn mats created by this group are donated to the community shelter **PEAC House, Ypsilanti**. 🧶 🧶

YSC Membership: *We value your membership and participation at the Ypsilanti Senior Center activities. Please know we are working toward improved programming, increased membership, and community support. **To our members, the community, partner organizations, Board, and staff; we thank you for your commitments toward sustainability.** To become a member, please contact **Sarah McKinney** at sarahmckinney@ypsiseniorcenter.org. 😊 Come on back!*



Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: w.ypsiseniorcenter.org | Email: info@ypsiseniorcenter.org Social: Facebook

Monica Prince, Director | Jasmine Figgins, Associate Director | J Blair, Program Coordinator | S McKinney, Special Projects



WASHTENAW COMMUNITY COLLEGE

YSC SENIOR FOCUS CLASSES (10 weeks

FALL 2025 SCHEDULE

For liability reasons, each participant of these classes must complete a registration form. The following classes are being held at Parkridge Community Center, 591 Armstrong, Ypsilanti 48197

TAI CHI with KARLA

MONDAYS, BEGINNING SEPT 15, 2025 – NOV 24, 2025

2:30 TO 3:30 PM

Skip Date: OCT 20, 2025

SENIOR FITNESS and CONDITIONING with MICHELLE

WEDNESDAYS, BEGINNING SEPT 17, 2025 – NOV 19, 2025

9:30 – 10:30 am

Skip Date: Ask Instructor

LINE DANCING with DEE

10:30 am – 11:30 am

WEDNESDAYS, BEGINNING SEPT 17, 2025 – NOV 19, 2025

Skip Date: Ask Instructor



The following class meets at “The Ypsi” Performance Space, 218 N Adams, Ypsilanti

YOGA with LIZ

THURSDAYS, BEGINNING OCT 2, 2025 – DEC 04, 2025

10:00 am – 11:30 am

Skip Date (S): 10/30 & 11/27

Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: w.ypsiseniorcenter.org | Email: info@ypsiseniorcenter.org Social: Facebook

Monica Prince, Director | Jasmine Figgins, Associate Director | J Blair, Program Coordinator | S McKinney, Special Projects



~Community News, Information, and Events~

Area Agency on Aging 1-B



We help older adults age in the ways they choose.

Website: <https://www.ageways.org/>

More information: www.medicare.gov

The Parts of Medicare:

<https://www.medicare.gov/basics/get-started-with-medicare/medicare-basics/parts-of-medicare>

For information about **Medicare** (including those dual-eligible for **Medicaid**), please contact **MI Options Medicare Assistance Program** through the State Health Insurance Assistance Program (SHIP) at **Ageways**. **Senior Resources Information and MI Options for Washtenaw County:**
Ph: (800) 852-7795.

*Medicare Open Enrollment period is October 15 - December 7th annually. Each Medicare beneficiary is mailed a **Medicare and You** book every year.*

Here is an electronic copy:
<https://www.medicare.gov/publications/10050-medicare-and-you.pdf>



<https://ccwcwashtenaw.org/seniors/senior-resource-directory/>

Senior Resource Connect

925 Packard Street Ann Arbor, MI 48108
PH: (734) 971-9781

Senior Resource Connect program provides assistance to older adults and vulnerable community members by printing the annual resource directory, listing resources on the online senior directory, hosting a self-assessment quiz, and training community members to reach out to their vulnerable neighbors with our Good Neighbor Training. All of this can be found online at our new website address at:

SeniorResourceConnectMI.org
Time to get your flu shot!

Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: w.ypsiseniorcenter.org | Email: info@ypsiseniorcenter.org Social: Facebook

Monica Prince, Director | Jasmine Figgins, Associate Director | J Blair, Program Coordinator | S McKinney, Special Projects

CINEMARK™

Movie Theatre

<https://w.cinemark.com/theatres/mi-ypsilanti/cinemark-ann-arbor-20-and-imax>

Senior Discount all day Mondays (\$6.50) and before 6 PM on other days (\$7.00) Senior rate at all other times is (\$8.25)

Address: 4100 Carpenter Rd, Ypsilanti, MI 48197 **Phone: (734) 973-8424**



w.dfsaline.org

DFS Movie Program:

Movies are held on the second Wednesday of each month. *Please email kelsey.dfsaline@gmail.com to reserve your tickets.*

Saline Emagine Theatre
1335 E Michigan Avenue
Saline, MI 48176

November 12th Movie Title:
Shop Around the Corner

Doors open at 1:00pm
 Snacks, film facts, and fun begin at 1:15pm
 Movie begins at 2:00pm
 Ticket cost: \$5 (Ticket price includes popcorn, soda and a light buffet.)

Empower@Home

Empower Your Mind, Uplift Your Life Mental health & well-being help in your home.

This easy-to-use research study program helps you take charge of your well-being. It's made specifically for older adults, focusing on their unique needs. The program has 9 interactive sessions, each about 30 minutes long. Along the way, you'll also have the support of a printed workbook and a trained coach. There are payments for participation and referrals (please cite **Ypsilanti Senior Center as the referring source**).

University of Michigan
1080 S University Ave, Ann Arbor, MI 48109 USA
info@empower-at-home.com
Ph: (734) 215 5599 | Web: <https://empower-at-home.com/signup/>

Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: w.ypsiseniorcenter.org | Email: info@ypsiseniorcenter.org Social: Facebook

Monica Prince, Director | Jasmine Figgins, Associate Director | J Blair, Program Coordinator | S McKinney, Special Projects



 13 N Washington, Ste 181, Ypsilanti (734) 259-4125	Built to help get around Washtenaw County without driving. No cost transportation offered to Washtenaw County residents ages 60+. Transportation can be provided to medical or healthcare appointments, grocery shopping, and food pantry appointments, including senior meals. Email: info@feonix.org Web: https://feonix.org/
GENTLE EXERCISE GROUP Volunteer-led Exercise For more information, please contact: Doris Walker, (734) 434-1122	Meets at Free United Methodist Church, 1800 Packard St, Ypsilanti, 48197. Monday & Friday, 10:30 - 11:30 am <i>The Ypsilanti Senior Center has no liability at this location. Exercise is at your own risk.</i>
 Healthy Together West Willow Health at Home & in Your Neighborhood https://westwillowhealth.org/	Healthy Together is a community-based, volunteer and student run program focused on improving the health and wellness of older adults in the West Willow Neighborhood of Ypsilanti. It's easy to get started on a path of healthier living. November Focus: Word Kindness Month
<u>Peace Neighborhood Center HUB (Healing, Unifying, Building)</u> At PNCH, services are provided through a number of programs that work together in conjunction with Peace's mission of helping individuals discover options, enhance skills, and to make choices that lead to self-sufficiency and positive community involvement. Each Tuesday evening, 5 - 6:30 pm, a free and delicious community dinner is held for families. The neighborhood is welcome at 1515 S Harris, Ypsilanti 48198. https://peaceneighborhoodcenter.org/about-us/hub-center/  Peace Neighborhood Center	



Holiday Assistance Fall Harvest & Christmas

<https://www.foodgatherers.org/find-help/holiday-meals/>

The list will be updated November 1, 2025.

Food Gatherers: 734-761-2796

Thankful To Go: Drive-Thru Thanksgiving Meals

Need help filling your table with traditional Thanksgiving delights? We're here to make your holiday season even more special and will be providing items to add to your Thanksgiving meal. Drive-thru options (while supplies last) may include the following:

Gobble up the Goodness: Frozen turkeys and hams

Sweet Indulgence: Pies and baked goods to satisfy that sweet tooth

Farm to Table: Locally-grown produce

Drive-up service for your convenience | First come, first served. Supplies are limited; one giveaway per car

Thursday, Nov. 20, 2025 | Starting at 10 a.m. until supplies last

George Gervin GameAbove Center (get directions) at Eastern MI University

Eastern Michigan University

799 N Hewitt Road, Ypsilanti, MI



Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: w.ypsiseniorcenter.org | Email: info@ypsiseniorcenter.org Social: Facebook

Monica Prince, Director | Jasmine Figgins, Associate Director | J Blair, Program Coordinator | S McKinney, Special Projects



Introducing WHA Shared Housing Program!

Shared housing is a long-term living arrangement where people share a home, each with their own private space and shared common areas.

Private space, shared home

Everyone has their own room, but shares communal areas, creating both independence and a sense of community.

Two roles, one partnership

A home provider offers a furnished or unfurnished room. A home seeker may contribute by paying affordable rent, helping with household tasks, or a combination of both. Flexible arrangements, Each match is unique — designed to meet the needs, preferences, and lifestyles of the people involved.

More than saving money

Shared housing can reduce loneliness, provide mutual support, and increase feelings of safety and stability — especially for older adults, single individuals, or those seeking companionship.

This Shared Housing Program is coordinated by the Washtenaw Housing Alliance (WHA) and is supported through the generous contributions of our funding and grant partners.

Enterprise Community Partners, Inc Thome Aging Well Innovation Grant

Michigan Health Endowment Fund

Anonymous Foundation

<https://www.whalliance.org/>

Danielle Bryant | Shared Housing Program Coordinator | Email: bryantd@washtenaw.org |

Ph: (734) 478-6173

Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: w.ypsiseniorcenter.org | Email: info@ypsiseniorcenter.org Social: Facebook

Monica Prince, Director | Jasmine Figgins, Associate Director | J Blair, Program Coordinator | S McKinney, Special Projects

5th Annual Ypsi Artisan Holiday Market

100 Market Pl, Ypsilanti, MI 48198

Presented By: Ypsi Artisans Market

Dates: 11/29/2025, 11/30/2025, 12/20/2025, 12/21/2025

Location: Ypsilanti Freighthouse

Time: 10:00 AM to 4:00 PM Price: Free Admission

Volunteers needed to staff the booth!

Below is a picture of one of three quilts handmade for the YSC Annual Quilt Raffle.

It will be displayed at the Holiday Market.



Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: w.ypsiseniorcenter.org | Email: info@ypsiseniorcenter.org Social: Facebook

Monica Prince, Director | Jasmine Figgins, Associate Director | J Blair, Program Coordinator | S McKinney, Special Projects



Ypsilanti District Library Events, November 2025

Please see the library website to [register](#), for listings of additional classes, or for more information:

<https://attend.ypsilibrary.org/events>

Senior Advisory Board
Thursday, November 20 2025
YDL - Whitaker, 1:00 PM

First Fridays at YDL: Black Men Read Book Party!

Friday, November 7, 2025
6:00 PM
YDL-Michigan

Join us for a storytime and a hands-on art activity in partnership with Black Men Read! BMR will read stories, ask questions, listen, and share their own experiences at this First Fridays event. Each child can choose a book to take home courtesy of a grant from the **Rotary Club of Ann Arbor.**

Paranormal Club

Thursday, November 20, 2025
6:30 PM
YDL -Michigan

Discuss sightings, hauntings, and other supernatural topics with other enthusiasts.

Friday Walk Club, Ages 55+

Fridays, November 7 & 21, 2025
10:30 - 11:30 AM
Meet at YDL - Whitaker Lobby
Participate in a group walk!

Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: w.ypsiseniorcenter.org | Email: info@ypsiseniorcenter.org Social: Facebook

Monica Prince, Director | Jasmine Figgins, Associate Director | J Blair, Program Coordinator | S McKinney, Special Projects



ACTIVITIES AND CLASSES CALENDAR

<u>Mon 11/03</u> 	<u>Tues 11/04</u> NO ACTIVITIES ELECTION DAY	<u>Wed 11/05</u> Senior Fitness w/Michele 9:30 - 10:30 am Line Dancing w/Dee 10:30 - 11:30 am Loc: Parkridge Comm. Cntr 591 Armstrong, Ypsi	<u>Thurs 11/06</u> Yoga w/Liz 10:00 - 11:30 am Meets at "The Ypsi" 218 N Adams Ypsilanti	<u>Fri 11/07</u>
<u>Mon 11/10</u> Tai Chi w/Karla 2:30 - 3:30 pm Loc: Parkridge Comm. Cntr, 591 Armstrong, Ypsi	<u>Tues 11/11</u> NO ACTIVITIES VETERAN'S DAY	<u>Wed 11/12</u> Senior Fitness w/Michele 9:30 - 10:30 am Line Dancing w/Dee 10:30 - 11:30 am	<u>Thurs 11/13</u> Yoga w/Liz 10:00 - 11:30 am	<u>Fri 11/14</u>
<u>Mon 11/17</u> Tai Chi w/Karla 2:30 - 3:30 pm	<u>Tues 11/18</u> Plarn Service Project 10:00 - 11:30 am 11:30 -Community Potluck: 1515 S Harris Rd, Ypsi Knitting/Crochet 12:30 - 2:00 pm 209 Washtenaw Ave, Ypsi	<u>Wed 11/19</u> Senior Fitness w/Michele 9:30 - 10:30 am Line Dancing w/Dee 10:30 - 11:30 am	<u>Thurs 11/20</u> Yoga w/Liz 10:00 - 11:30 am BOARD MEETING 6:30 pm Parkridge Community Center	<u>Fri 11/21</u>
<u>Mon 11/24</u> Tai Chi w/Karla 2:30 - 3:30 pm	<u>Tues 11/25</u> Plarn Service Project 10:00 - 11:30 am Knitting/Crochet 12:30 - 2:00 pm	<u>Wed 11/26</u> Senior Fitness w/Michele 9:30 - 10:30 am Line Dancing w/Dee 10:30 - 11:30 am	<u>Thurs 11/27</u> NO ACTIVITIES FALL HARVEST CELEBRATION	<u>Fri 11/28</u> NO ACTIVITIES FALL HARVEST CELEBRATION
<u>Mon 12/01</u> 	<u>Tues 12/02</u> Plarn Service Project 10:00 - 11:30 am Knitting/Crochet 12:30 - 2:00 pm	<u>Wed 12/03</u> 	<u>Thurs 12/04</u> Yoga w/Liz 10:00 - 11:30 am	<u>Fri 12/05</u>

Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: w.ypsiseniorcenter.org | Email: info@ypsiseniorcenter.org Social: Facebook

Monica Prince, Director | Jasmine Figgins, Associate Director | J Blair, Program Coordinator | S McKinney, Special Projects