

## February 2026 NEWSLETTER

**Our Mission: “Creating great experiences for older adults in a welcoming environment that encourages learning, active engagement, fitness, and healthy living.”**

### **~Interim Director’s Brief~**

***“In the depth of winter, I finally learned that there was in me an invincible summer.”***

– Albert Camus



~

Random Act of Kindness Day is February 17, 2026. It is in the middle of the whole week that encourages small, positive gestures to spread joy and build a more compassionate world. Random Acts of Kindness Week is (February 14-20, 2026). We hope that during this time and always, you will celebrate kindness, love, and community!



Welcome back everyone! I’m excited to share that the center is officially open for business. Thank you to our community partners, dedicated staff, volunteers, and board members whose time, effort, and support made our reopening possible. We truly could not have done this without you.

As I continue my journey as Interim Director, I want you to know that my door is always open. Your ideas, feedback, and suggestions are valued to help strengthen our community. We look forward to welcoming you back into the center.

~

February is **Black History Month**, a time of reflection, celebration, and recognition. Some interesting history: Dr. Ethelene Jones Crockett was Michigan’s first Black female board-certified OB/GYN. She served the Detroit community after graduating from the University of Michigan and Howard University, leaving a lasting legacy of advocacy and care.



**Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197**

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: [w.ypsiseniorcenter.org](http://w.ypsiseniorcenter.org) | Email: [info@ypsiseniorcenter.org](mailto:info@ypsiseniorcenter.org) Social: Facebook  
Jasmine Figgins, Interim Director | J Blair, Program Coordinator | S McKinney, Special Projects



# YPSILANTI SENIOR CENTER

You are cordially invited to help us celebrate the  
**YSC Grand Reopening on Friday, February 27, 2026**  
**11:00 am to 2:00 pm.**

~

Attire: Relaxed business.

*Welcome Back*  
— <sup>TO</sup> —  
*YSC!*

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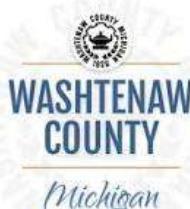
### \*\*\*\*\*Remodeling News!\*\*\*\*\*

**The Ypsilanti Senior Center will be closed the week of Monday, February 9 through Saturday February 14, 2026 for the installation of new flooring in the building.** All programming will be suspended except Washtenaw Community College Senior Focus classes that are scheduled. Alternate sites are in the process of being requested. Notices will be placed on our website, social media, and through email when a location is found for those classes for that week. If there are questions, please contact the center.

### \*\*\*\*\*Building and Personal Safety ~ Public Notice\*\*\*\*\*

*The staff at the Ypsilanti Senior Center would like to express our commitment to both the safety and inclusivity of our members. We are committed to ensuring that our space serves as a welcoming environment for all individuals, regardless of age, race, gender, sexuality, religion, socioeconomic status, nationality, marital status, or disability of any type. In order to maintain this safe space, behavior that negatively impacts the safe environment will not be tolerated. This includes, but is not limited to, hate speech, offensive or threatening behaviors and language, and/or inappropriate or exclusionary actions. We thank you for your continued support and commitment to assisting us in maintaining a safe space that so many people love and cherish. ~Jasmin Figgins, Interim Director*

**The Ypsilanti Senior Center** is one of ten senior centers located in Washtenaw County. To support our work, all are now financially supported by the **Washtenaw Senior Millage** that was approved by voters in 2024. Financial support is also received from other community grants and member donations. On July 3, 2025, the **Washtenaw County Board of Commissioners** approved a regional **Office of Aging Services** to administer \$11 million dollars in taxpayer-approved funds that will directly benefit people ages 60 and older in our county. **Washtenaw County Voters, thank you!**



Below is information about the Commission on Aging and how to participate in meetings:  
<https://www.washtenaw.org/4221/Commission-on-Aging>

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# YPSILANTI SENIOR CENTER

## ~Ypsilanti Senior Center (YSC) Activities, News, & Events~

**Art!** Facilitated by volunteer **Lynn E.** on **Fridays, 2:00 - 4:00 pm.** Come be creative!

**Bingo!** **Wednesdays, 12:30 - 2:30 pm**, and facilitated by volunteer **Deb P.**, this fun group plays Bingo at \$.25/card or \$1.00 for Cover-all.

**Community Potluck:** **NO POTLUCK IN FEBRUARY! Join us for the Grand Reopening Party on February 27, 2026, 11:00 am!.**

**Computer Technology Class (Eastern Michigan University's EMU - Engage).** *The classes through Ypsilanti Senior Center are suspended at this time until further notice.* To find another class location, please visit your local library branch or go to:

<https://www.emich.edu/engage/community/digital-connecting-corps.php> 

**A computer is available for members to use at the center with guidance from staff** so that members can check health resources, email, or find information about various topics. **Valid identification and membership at YSC required.**

**Crafting Class:** **Tuesday afternoons, 12:30 - 2:30 pm** facilitated by volunteer **Lynn E.** Projects, ideas, and needs will be discussed at the first class. Let the instructor know what you would like to create! 

**Beginning Crochet Class:** This class, led by member **Jennie V.**, will take **Tuesdays from 12:30 - 2 pm** for about 10 weeks. Further information and needed supplies will be discussed at the first class. **Men are welcome!** 

**Euchre:** **Mondays 12:45 -2:30 pm, no facilitator.** Euchre is a card game for two to four players, usually played with the thirty-two highest cards, the aim being to win at least three of the five tricks played. **Tables at the YSC will be set up in the Great Room accordingly.** 

**Freestyle Activities:** **Thursday mornings 9:30 - 11:30am. Fellowship and interaction!** In the spring, we may have more outside games. Get on in there and mix & mingle! Please join any activities in the Great Room!

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**Freestyle Arts and Crafts** - Tuesdays, 9:30 - 10:30 am in the Great Room. Painting, sewing, quilting, etc. Get together and create something beautiful! Independent creations. Ask for a personal easel and brushes if you would like to paint.

**Games and Such!** Thursday afternoons 12:30 - 4, are set aside for **board or card game** meet-ups, and may eventually involve **intergenerational games**. **Hand & Foot, Jenga, Checkers, and Chess** are some of the games available. Come join us.

**Gentle Chair Fitness:** Join this gentle and fun group stretching & seated exercise class using **instructional and participatory videos in the Great Room!**. **Mondays and Fridays, 10:30 am - 11:30 am**. No facilitator.

**Memory Cafe'** meets on the **2nd Tuesday of the month, 2:00 - 4:00 pm**, tentatively resuming **Tuesday, February 10, 2026**. Watch for notices. Memory Cafes are welcoming social gatherings for people living with changes in their memory or thinking, and the people who care about them. More information:

<https://dfamerica.org/what-is-memory-cafe/>

The **Out-To-Eat Bunch** The 1st Friday restaurant luncheon group continues to meet, except for January & February due to weather concerns. Coordinated by YSC volunteer Joyce D., the next gathering will be **Friday, March 6, 2026**, at **Bob Evans Restaurant, 2411 Carpenter Road, Ann Arbor, 48108**, from 11:30 am - until. The restaurant phone number is [\(734\) 971-2220](tel:(734)971-2220). **All are welcome. (BYOM)**.

**President's Day** The YSC will be **closed Monday, February 16, 2026** to celebrate President's Day.

**Puzzles & Crosswords** - Mondays, 9:30 - 10:30 am. Independent or group activity. **Two puzzles are in the Great Room.** Please do not disturb the work of others but contribute to the completion of the puzzle while sharing the challenge and friendship with others. Leave the puzzles and crossword books on the tables please. **Puzzles and crossword books donated by the Washtenaw County Sheriff's Department, Community Engagement Team! Thank you!**

**Resources & Social Group!** Friday mornings at 9:30 am there will be fun group informational sessions on varying topics of interest to seniors. Alternately we may just chit-chat! Come join us for **coffee, refreshments, special guests, and information!**

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**Senior Nutrition Café Lunch Meals** Meals are available 5 days/weekdays, 11:45 am - 12:30 pm. Registration and advance sign-up is required to participate in the meal program. For more information, please **call the center** or contact **Sarah**, at [sarahmckinney@ypsiseniorcenter.org](mailto:sarahmckinney@ypsiseniorcenter.org). **Donations of \$3 accepted.**

**Skilled Volunteers** are needed to facilitate **group classes**. *If you have a skill you would like to teach others (some ideas: guitar lessons, indoor gardening, shuffleboard, singing/karaoke, basic hand-stitch sewing, decorating, wreath-making, etc.),* please contact **Jasmine or Joyce**.

**Weather** - For inclement weather days, or if the temperature outside is -20 degrees or below, the **Ypsilanti Senior Center will be closed** and staff unavailable **any time the Ypsilanti Community Schools are closed**. Please see the schools' website for more information. For more information, please see: [www.ycschools.us](http://www.ycschools.us).

**YSC Volunteer Service Group & (Plarn [plastic yarn])** will resume meeting at the center **on Tuesday mornings, January 20, 2026**. Until then, the group meets at **First United Methodist Church, at 209 Washtenaw Avenue, Ypsilanti, 48197** at about **10:00 am**. Ph: [\(734\) 482-8374](tel:(734)482-8374) . Plarn mats created by this group are donated to the community shelter **PEAC House, Ypsilanti**. 



We are located in Recreation Park in Ypsilanti. **Membership is free** at this time, but required to participate in programming of any kind in order to help track participation. **Most of our classes are free of cost, except for personal supplies.** All are welcome! Not a senior? Ask about **Intergenerational Programming**.

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## **WASHTENAW COMMUNITY COLLEGE**

### **YSC SENIOR FOCUS CLASSES (10 weeks)**

#### **WINTER 2026 SCHEDULE**

For liability reasons, each participant of these classes must complete a registration form.  
The following classes will resume at the center the week of January 12, 2026.

##### **TAI CHI with KARLA**

**MONDAYS, BEGINNING JAN 12, 2026 – MAR 23, 2026**

**2:30 TO 3:30 PM**

Skip Date: February 16, 2025

##### **URBAN LINE DANCING with TERRENCE**

**TUESDAYS, BEGINNING JAN 13, 2026 - MAR 24, 2026**

**10:30 am – 11:30 am**

Skip Date (S):Ask Instructor

##### **SENIOR FITNESS and CONDITIONING with MICHELLE**

**WEDNESDAYS, BEGINNING JAN 14, 2026 – MAR 25, 2026**

**9:30 – 10:30 am**

Skip Date: March 4, 2026

##### **LINE DANCING with DEE**

**10:30 am – 11:30 am**

**WEDNESDAYS, BEGINNING JAN 14, 2026 – MAR 25, 2026**

Skip Date: Ask Instructor



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## ~Community News, Information, and Events~

Area Agency on Aging 1-B



We help older adults age in the ways they choose.

**Website:** <https://www.ageways.org/>

**More information:** [www.medicare.gov](http://www.medicare.gov)

**The Parts of Medicare:**

<https://www.medicare.gov/basics/get-started-with-medicare/medicare-basics/part-of-medicare>

For information about **Medicare** (including those dual-eligible for **Medicaid**), please contact **MI Options Medicare Assistance Program** through the State Health Insurance Assistance Program (SHIP) at **Ageways**. **Senior Resources Information and MI Options for Washtenaw County:** **Ph: (800) 852-7795.**

***Medicare Advantage Open Enrollment period is January 1st - March 31st annually.***

**More information:**

<https://www.medicare.gov/publications/10050-medicare-and-you.pdf>



<https://ccwcwashtenaw.org/seniors/senior-resource-directory/>

**Senior Resource Connect**

925 Packard Street Ann Arbor, MI 48108  
PH: (734) 971-9781

Senior Resource Connect program provides assistance to older adults and vulnerable community members by printing the annual resource directory, listing resources on the online senior directory, hosting a self-assessment quiz, and training community members to reach out to their vulnerable neighbors with our Good Neighbor Training. All of this can be found online at our new website address at:

[SeniorResourceConnectMI.org](http://SeniorResourceConnectMI.org)

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# CINEMARK™

## Movie Theatre

<https://w.cinemark.com/theatres/mi-ypsilanti/cinemark-ann-arbor-20-and-imax>

**Senior Discount all day Mondays (\$6.50) and before 6 PM on other days (\$7.00)  
Senior rate at all other times is (\$8.25)**

**Address:** 4100 Carpenter Rd, Ypsilanti, MI 48197 **Phone:** (734) 973-8424



[w.dfsaline.org](http://w.dfsaline.org)

## DFS Movie Program:

Movies are held on the second Wednesday of each month. *Please email [kelsey.dfsaline@gmail.com](mailto:kelsey.dfsaline@gmail.com) to reserve your tickets.*

**Saline Emagine Theatre  
1335 E Michigan Avenue  
Saline, MI 48176**

## **February 11 - Lover Come Back (1961)**

Doors open at 1:00pm. Snacks, film facts, and fun begin at 1:15pm. Movie begins at 2:00pm  
Ticket cost: \$5 (Ticket price includes popcorn, soda and a light buffet.)



*13 N Washington, Ste 181, Ypsilanti  
(734) 259-4125*

Built to help get around Washtenaw County without driving. **No cost** transportation offered to **Washtenaw County residents ages 60+**. Transportation can be provided to **medical or healthcare appointments, grocery shopping, and food pantry appointments**, including senior meals.

Email: [info@feonix.org](mailto:info@feonix.org)

Web:

[https://www.myride2.com/transit\\_providers/feonix-mobility-rising-washtenaw-transporation-assistance-hub/](https://www.myride2.com/transit_providers/feonix-mobility-rising-washtenaw-transporation-assistance-hub/)

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## Healthy Together West Willow

Health at Home & in Your Neighborhood

<https://westwillowhealth.org/>

Healthy Together is a community-based, volunteer and student run program focused on improving the health and wellness of older adults in the West Willow Neighborhood of Ypsilanti. It's easy to get started on a path of healthier living. The group focuses on a different health topic each month. Caregiver support available.

**Peace Neighborhood Center HUB (Healing, Unifying, Building)** At PNCH, services are provided through a number of programs that work together in conjunction with Peace's mission of helping individuals discover options, enhance skills, and to make choices that lead to self-sufficiency and positive community involvement. **Each Tuesday evening, 5 - 6:30 pm, a free and delicious community dinner is held.**.. The whole neighborhood is welcome at **1515 S Harris, Ypsilanti. 48198**

<https://peaceneighborhoodcenter.org/about-us/hub-center/>



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# YPSILANTI SENIOR CENTER



**Riverside Swings**  
Friday Nights at RAC

Beginner Lessons  
8-9pm

Social Dance  
9-11pm

Late Night Blues & Fusion  
11pm - Late

\$5 General Admission  
\$4 Students

First Friday of each month is free!

*Riverside Swings - <https://www.ypsireal.com/event/riverside-swings/22439/>*

*76 N Huron St, Ypsilanti, MI 48197*

*Recurrence: Recurring weekly on Friday*

*Location: **Riverside Arts Center**, Time: 9:00 PM to 11:30 PM, Price: \$5*

*The Ypsilanti Symphony Orchestra (YSO) will present "Midwinter Melodies: A Winter's Afternoon with the YSO" on Sunday, February 15, 2026, at 3:30 PM at the Lincoln High School Performing Arts Center (7425 Willis Road, Ypsilanti, MI). This concert, led by Music Director Adam C. Riccinto, features works by Beethoven, Mozart, and Vivaldi, highlighting YSO soloists Edwin Olson (violin), Dan Wagner (trumpet), and Joshua Cohen (trumpet) in a program focused on "Up Close and Personal" performances and audience interaction. Tickets range from \$13 for adults to \$7 for students, with family and senior discounts available, and children under 10 are free. 🎻*

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## Ypsilanti District Library Events JANUARY 2026

Please see the library website to [register](#), for listings of additional classes, or for more information:

<https://attend.ypsilibrary.org/events>

**AARP Income Tax Preparation**  
**Feb 3rd - Apr 7: Tuesdays 9-6 PM**  
**YDL-Michigan**  
**Feb 5th - Apr 9: Thursdays 9-6 PM**  
**YDL - Whitaker**

YDL's free tax service from an AARP Tax Aide Volunteer. Make an appointment for assistance.



**Celebrating Blackness**  
**Wednesday, Feb 18, 2026: 6 - 8 PM**  
**YDL- Michigan**

Enjoy refreshments and join community leaders in a discussion about what Blackness means to us. Black History Month 2026 theme is A Century of Black History Commemorations.

**Winged Wonders**  
**Sunday, Feb 22, 2026 - 2:00 PM**  
**YDL -Whitaker**

Learn how to provide a habitat that attracts hummingbirds and keeps them returning from Master Gardener Carol Brodbeck. Carol will answer gardening and hummingbird questions.

**In the Spirit**  
**EMU's Dr. Toni Pressley-Sanon**  
**Saturday, Feb 7, 2026 - 11:00 AM**  
**YDL - Virtual**

Dr. Pressley-Sanon will explore and celebrate spirit-inspired poetry by writers in the U.S. and beyond, then help you write your own. Register.

**Craft Supply Swap**  
**Saturday, Feb 14, 2026**  
**YDL - Whitaker**

Donate your gently used or surplus craft supplies at the Whittaker Rd 2nd floor Reference Desk. Clean, usable items only. No hazardous, broken, unusable items accepted.

**Small Business Savvy: The Funding Landscape**  
**Wednesday, Feb 18, 2026: 6 - 8 PM**  
**YDL- Superior**

Join Jean Winborn, of the Washtenaw County Genealogy Society and YDL Board Member, to learn how to navigate online databases, and how best to organize your research.

**The RJ Spangler Quintet, Presented by the Jazz Foundation of America**  
**Saturday, Feb 28, 2026 - 2 PM**  
**YDL-Michigan**

Veteran musicians of the Detroit Jazz scene perform jazz standards, swing tunes, & funky boogaloo, plus New Orleans traditional jazz.



# YPSILANTI SENIOR CENTER

## Activities Calendar

<b>Mon 2/2</b> <u>Puzzles &amp; Crosswords</u> 9:30 - 10:30  <u>Gentle Chair Fitness</u> <u>Video</u> 10:30 - 11:30 am  <u>Euchre</u> 12:30 - 2:30 pm  <u>WCC - Tai Chi w/Karla</u> 2:30 pm	<b>Tues 2/3</b> <u>Freestyle Arts &amp; Crafts</u> 9:30 - 11:30 am  <u>Plarn Project</u> 10:00 - 11:30 am  <u>WCC - Urban Line Dancing</u> <u>w/Terrence</u> - 10:30 am  <u>Knitting/Crochet w/Jennie</u> 12:30 - 2:00 pm  <u>Crafts/Art w/Lynn</u> 12:30 - 2:30 pm	<b>Wed 2/4</b> <u>WCC - Senior Fitness</u> <u>w/Michele</u> 9:30 - 10:30 am  <u>WCC - Line Dancing w/Dee</u> 10:30 - 11:30 am  <u>Bingo w/Deb</u> 12:30 - 2:30 pm  <u>Freestyle Activities</u> 2:30 - 4:00 pm	<b>Thurs 2/5</b> <u>Freestyle Activities</u> 9:30 - 11:30 am  <u>Games and Such</u> 12:30 - 4: 00 pm	<b>Fri 2/6</b> <u>Resources &amp; Social Group</u> <u>w/Staff</u> 9:30 - 10:30  <u>Gentle Chair Fitness</u> <u>Video</u> 10:30 - 11:30 am  <u>Art w/Lynn</u> 2:00 - 4:00 pm
<b>Mon 2/9</b> <u>CENTER CLOSED FOR</u> <u>FLOORING</u> <u>INSTALLATION</u> <u>THIS WEEK THROUGH</u> <u>SATURDAY</u>  <u>NO MEALS AVAILABLE</u>	<b>Tues 2/10</b> <u>CENTER CLOSED FOR</u> <u>FLOORING</u> <u>INSTALLATION</u>	<b>Wed 2/11</b> <u>CENTER CLOSED FOR</u> <u>FLOORING</u> <u>INSTALLATION</u>	<b>Thurs 2/12</b> <u>CENTER CLOSED</u> <u>FOR FLOORING</u> <u>INSTALLATION</u>	<b>Fri 2/13</b> <u>CENTER CLOSED FOR</u> <u>FLOORING</u> <u>INSTALLATION</u>
<b>Mon 02/16</b> <u>CENTER CLOSED</u>  <u>PRESIDENT'S DAY</u>  <u>NO ACTIVITIES</u>	<b>Tues 2/17</b> <u>Freestyle Arts &amp; Crafts</u> 9:30 - 11:30 am  <u>Plarn Project</u> 10:00 - 11:30 am  <u>WCC - Urban Line Dancing</u> <u>w/Terrence</u> - 10:30 am  <u>Knitting/Crochet w/Jennie</u> 12:30 - 2:00 pm  <u>Crafts/Art w/Lynn</u> 12:30 - 2:30 pm	<b>Wed 2/18</b> <u>WCC - Senior Fitness</u> <u>w/Michele</u> 9:30 - 10:30 am  <u>WCC - Line Dancing w/Dee</u> 10:30 - 11:30 am  <u>Bingo w/Deb</u> 12:30 - 2:30 pm	<b>Thurs 2/19</b> <u>Freestyle Activities</u> 9:30 - 11:30 am  <u>Games and Such</u> 12:30 - 4: 00 pm  <u>YSC Board Meeting</u> 6:30 PM	<b>Fri 2/20</b> <u>Resources &amp; Social Group</u> <u>w/Staff</u> 9:30 - 10:30  <u>Gentle Chair Fitness</u> <u>Video</u> 10:30 - 11:30 am  <u>Art w/Lynn</u> 2:00 - 4:00 pm
<b>Mon 2/23</b> <u>Puzzles &amp; Crosswords</u> 9:30 - 10:30  <u>Gentle Chair Fitness</u> 10:30 - 11:30 am  <u>Euchre</u> 12:30 - 2:30 pm  <u>WCC- Tai Chi w/Karla</u> 2:30 pm	<b>Tues 2/24</b> <u>Freestyle Arts &amp; Crafts</u> 9:30 - 11:30 am  <u>Plarn Project</u> 10:00 - 11:30 am  <u>WCC - Urban Line Dancing</u> <u>w/Terrence</u> - 10:30 am  <u>Knitting/Crochet w/Jennie</u> 12:30 - 2:00 pm  <u>Crafts/Art w/Lynn</u> 12:30 - 2:30 pm	<b>Wed 2/25</b> <u>WCC - Senior Fitness</u> <u>w/Michele</u> 9:30 - 10:30 am  <u>WCC - Line Dancing w/Dee</u> 10:30 - 11:30 am  <u>Bingo w/Deb</u> 12:30 - 2:30 pm	<b>Thurs 2/26</b> <u>Freestyle Activities</u> 9:30 - 11:30 am  <u>Games and Such</u> 12:30 - 4: 00 pm	<b>Fri 2/27</b> <u>GRAND REOPENING</u> <u>PARTY</u> 11:00 AM - 2:00 PM

**Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197**

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: [w.ypsiseniorcenter.org](http://w.ypsiseniorcenter.org) | Email: [info@ypsiseniorcenter.org](mailto:info@ypsiseniorcenter.org) Social: Facebook  
Jasmine Figgins, Interim Director | J Blair, Program Coordinator | S McKinney, Special Projects



# YPSILANTI SENIOR CENTER

## SENIOR NUTRITION MENU | DAILY 11:45 am - 12:30 pm except where noted.

Mon Feb/2  Cheesy Squash Chicken Bake Broccoli Apple Bread Milk	Tues Feb/3  Beef Barley Casserole Side Garden Salad Italian Dressing Carrots Orange Bread Milk	Wed Feb/4  Dijon Baked Salmon Seasoned Black Beans Malibu Veg Blend Peaches Bread Milk	Thurs Feb/5  Beef Goulash California Blend Tomatoes in Sauce Apple Bread Milk	Fri Feb/6  Tuna Noodle Casserole Side Salad Italian Dressing Papaya and Mango Bread Milk
Mon Feb/9  NO SENIOR MEALS BUILDING TEMPORARILY CLOSED	Tues Feb 10  NO SENIOR MEALS BUILDING TEMPORARILY CLOSED	Wed Feb 11  NO SENIOR MEALS BUILDING TEMPORARILY CLOSED	Thurs Feb 12  NO SENIOR MEALS BUILDING TEMPORARILY CLOSED	Fri Feb 13  NO SENIOR MEALS BUILDING TEMPORARILY CLOSED
Mon Feb/16  NO SENIOR MEALS BUILDING CLOSED  PRESIDENT'S DAY	Tues Feb/17  Pot Roast Roasted Sweet Potato California Blend Gala Apple Bread/Milk	Wed Feb/18  White Bean Chicken Chili Crackers Side Salad Italian Dressing Orange Bread/Milk	Thurs Feb/19  BBQ Chicken Breast Brown Rice Broccoli and Cauliflower Tomato/Cuc Salad Strawberry Applesauce Bread/Milk	Fri Feb/20  Beef Kafta Rolls Jasmin Rice Creamy Herb Rice Roasted Butternut Squash Bread/Milk
Mon Feb/23  Chicken Parmesan Green Beans Apple Bread/Milk	Tues Feb/24  Hamburger Stroganoff Peas and Pearl Onions Mixed Fruit Bread/Milk	Wed Feb/25  Oven Roasted Tilapia Citrus Lentil Rice Broccoli Apple Bread/Milk	Thurs Feb/26  Meatballs Brown Rice Cauliflower Papaya/Mango Bread/Milk	Fri Feb/27  Black Bean Burger Whole Wheat Bun Brown Lentils Cilantro/Creme Sauce Mixed Veggies Pineapple Bread/Milk

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