



JANUARY 2026 NEWSLETTER

Our Mission: “Creating great experiences for older adults in a welcoming environment that encourages learning, active engagement, fitness, and healthy living.”

~A Message from YSC Board President Sarah Walsh, PhD~

Happy New Year! The Ypsilanti Senior Center Board of Directors and staff are pleased to announce our new Interim Executive Director, Jasmine Figgins. Ms. Figgins is a proud Ypsilanti resident, where she lives with her family. She is an alumna of Eastern Michigan University and Wayne State University, holding master's degrees in Social Work with a concentration in Cognitive Behavioral Therapy, as well as Healthcare Administration. Ms. Figgins previously served as Associate Director at YSC for two years. We look forward to her leadership as we launch an exciting line-up of new and familiar programs for seniors in 2026.



Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197

Ph: (734) 483-5014 | Fax: (734) 480-0380 | Open Mon-Fri | 9am-5pm

Website: w.ypsiseniorcenter.org | Email: info@ypsiseniorcenter.org Social: Facebook
Jasmine Figgins, Executive Director | J Blair, Program Coordinator | S McKinney, Special Projects



YPSILANTI SENIOR CENTER

The **Ypsilanti Senior Center** is one of ten senior centers located in Washtenaw County. To support our work, all are now financially supported by the **Washtenaw Senior Millage** that was approved by voters in 2024. Financial support is also received from other community grants and member donations. On July 3, 2025, the **Washtenaw County Board of Commissioners** approved a regional **Office of Aging Services** to administer \$11 million dollars in **taxpayer-approved funds** that will directly benefit people ages 60 and older in our county. **Washtenaw County Voters, thank you!**



Below is information about the **Commission on Aging** and how to participate in meetings:

<https://www.washtenaw.org/4221/Commission-on-Aging>

After months of being closed, we are ready to get restarted. **The YSC building will be reopening to the public January 12, 2026!** We will start with WCC Senior Focus classes only the first week. See the Activities Calendar for more information. There is still work to be done but we can move around it safely and are so excited! **Come on back!**

In February we will come together as a community and celebrate! Please ‘**Save the Date**’ and watch for more information for our **Reopening Party Friday, February 27, 2026; 11 am to 2 pm!**



Happy New Year!

Winners of the YSC 2025 Annual Quilt Raffle (Ypsi Freighthouse)!

The drawing for the **YSC Annual Quilt Raffle** took place Sunday, December 21, 2025. The winners are below. Congratulations to all!

Lilliana B.

Maria S.

Jake L



The approximate amount of money raised for the center was \$ 2321.75!

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~Ypsilanti Senior Center (YSC) Activities, News, & Events~

Bingo! Returning to the center beginning **January 21, 2026**, at **12:30 - 2:30 pm**, and facilitated by volunteer **Deb P.**, this fun group plays Bingo at \$.25/card or \$1.00 for Cover-all.



Community Potluck: Thursday, **January 22, 2026** at **11:45 - 12:45 pm**. Guest speaker TBD. The main dish will be **sloppy joe's**. Members, please bring a complimentary dish, dessert, or drink to share.

Computer Technology Class (Eastern Michigan University's EMU - Engage). *The classes through Ypsilanti Senior Center are suspended at this time until further notice.* To find another class location, please visit your local library branch or go to: <https://www.emich.edu/engage/community/digital-connecting-corps.php> 

January 2026, a computer will be available for members to use at the center with guidance from staff so that members can check health resources, email, or find information about various topics. Valid identification and membership at YSC required.

Crafting Class: In January, beginning **January 20, 2026**, classes are being planned for Friday afternoons **2-4 pm**. Watch for more information. 

Beginning Crochet Class: This class, led by member **Jennie V.**, will take Tuesday afternoons beginning **January 20, 2026 from 12:30 - 2 pm** for about 10 weeks. **Watch for announcements.** Further information and needed supplies will be discussed at the first class. **Men are welcome!** 

Euchre: Returning to the center **Monday, January 26, 2026**, this group will meet on **Mondays 12:45 -2:30 pm**, facilitated by **Doris W.** Euchre is a card game for two to four players, usually played with the thirty-two highest cards, the aim being to win at least three of the five tricks played. **Tables at the YSC are set up in the Great Room accordingly.** 

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Games and Such! Beginning **Thursday, January 22, 2026**, Thursday afternoons will be for Board or card games meet-ups, and may eventually involve intergenerational games. There will be lots to do. Come join us.

Gentle-Fitness: Returning the week of **Tuesday, January 20, 2026**, join this gentle and fun stretching & seated exercise class, led by volunteer **Doris W.**, on **Mondays and Fridays, 10:30 am - 11:30 am**.

Memory Cafe' meets on the **2nd Tuesday of the month, 2:00 - 4:00 pm**, but is not meeting until further notice. We are working with **Dementia-Friendly Saline** to try to find a volunteer facilitator. *Memory cafes are social gatherings that provide a safe and supportive space for people living with memory issues, and their caregivers to connect, socialize, and build support networks.* More information:

<https://dfamerica.org/what-is-memory-cafe/>

Morning Resources & Social Group! Facilitated by staff, starting **Thursday, January 22, 2026**, each Thursday morning at **9:30 am** there will be fun group informational sessions on varying topics of interest to seniors. Alternately we may just chit-chat! Come join us for **coffee, refreshments, and information!**

The **Out-To-Eat Bunch** The 1st Friday restaurant luncheon group continues to meet, except for January & February due to weather concerns. Coordinated by YSC volunteer **Joyce D.**, (who is seeking a new facilitator) the next gathering will be **Friday, March 6, 2026**, at **Bob Evans Restaurant, 2411 Carpenter Road, Ann Arbor, 48108**, from **11:30 am - until**. The restaurant phone number is [\(734\) 971-2220](tel:(734)971-2220). *All are welcome.* Buy Your Own Meal (BYOM).

Senior Nutrition Café Lunch Meals will resume and are available beginning **January 19, 2026**. Meals will be available 5 days/weekdays at the center, **11:45 am - 12:30 pm**. Registration and advance sign-up is required to participate in the meal program. For more information, please call the center or contact **Sarah**, at sarahmckinney@ypsiseniorcenter.org. Donations of \$3 accepted.

Skilled Volunteers are needed to facilitate **group classes**. *If you have a skill you would like to teach others (some ideas: arts and crafts, guitar lessons, indoor gardening, shuffleboard, singing/karaoke, basic hand-stitch sewing, decorating, wreath-making, etc.), please contact **Jasmine or Joyce**.*

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Weather - For inclement weather days, or if the temperature outside is -20 degrees or below, the **Ypsilanti Senior Center will be closed** and staff unavailable **any time the Ypsilanti Community Schools are closed**. Please see the schools' website for more information. YCS notifies local radio, television stations and social media outlets concerning school closings prior to 6:00 a.m., unless there are extenuating circumstances. For more information, please see: www.ycschools.us.

YSC Volunteer Service Group & (Plarn [plastic yarn]) will resume meeting at the center **on Tuesday mornings, January 20, 2026**. Until then, the group meets at **First United Methodist Church, at 209 Washtenaw Avenue, Ypsilanti, 48197** at about **10:00 am**. Ph: [\(734\) 482-8374](tel:(734)482-8374). Plarn mats created by this group are donated to the community shelter **PEAC House, Ypsilanti**. 

YSC Membership: *We value your membership and participation at the Ypsilanti Senior Center activities. Please know we are working toward improved programming, increased membership, and community support. To our members, the community, partner organizations, Board, and staff; we thank you for your commitments toward sustainability. To become a member, visit the center or contact Sarah McKinney at sarahmckinney@ysiseniorcenter.org or sign up online at www.ysiseniorcenter.org.* ☺



We are located in Recreation Park in Ypsilanti. **Membership is free at this time, but required to participate in programming of any kind** in order to help track participation. **Most of our classes are free of cost, except for personal supplies.** All are welcome! Not a senior? Ask about **Intergenerational Programming**.

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WASHTENAW COMMUNITY COLLEGE

YSC SENIOR FOCUS CLASSES (10 weeks)

WINTER 2026 SCHEDULE

For liability reasons, each participant of these classes must complete a registration form. The following classes will tentatively resume at the center the week of January 12, 2026.

TAI CHI with KARLA

MONDAYS, BEGINNING JAN 12, 2026 – MAR 23, 2026

2:30 TO 3:30 PM

Skip Date: February 16, 2025

SENIOR FITNESS and CONDITIONING with MICHELLE

WEDNESDAYS, BEGINNING JAN 14, 2026 – MAR 25, 2026

9:30 – 10:30 am

Skip Date: March 4, 2026

LINE DANCING with DEE

10:30 am – 11:30 am

WEDNESDAYS, BEGINNING JAN 14, 2026 – MAR 25, 2026

Skip Date: Ask Instructor

YOGA (Cancelled until further notice)

~~THURSDAYS, BEGINNING JAN 15, 2026 – MAR 26, 2026~~

10:00 am – 11:30 am

Skip Date (S):Ask Instructor



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~Community News, Information, and Events~

Area Agency on Aging 1-B



We help older adults age in the ways they choose.

Website: <https://www.ageways.org/>

More information: www.medicare.gov

The Parts of Medicare:

<https://www.medicare.gov/basics/get-started-with-medicare/medicare-basics/parts-of-medicare>

For information about **Medicare** (including those dual-eligible for **Medicaid**), please contact **MI Options Medicare Assistance Program** through the State Health Insurance Assistance Program (SHIP) at **AgeWays**. **Senior Resources Information and MI Options for Washtenaw County:** **Ph: (800) 852-7795.**

Medicare Open Enrollment period is October 15 - December 7th annually. Each Medicare beneficiary is mailed a Medicare and You book every year.

Here is an electronic copy:

<https://www.medicare.gov/publications/10050-medicare-and-you.pdf>



<https://ccwcwashtenaw.org/seniors/senior-resource-directory/>

Senior Resource Connect

925 Packard Street Ann Arbor, MI 48108
PH: (734) 971-9781

Senior Resource Connect program provides assistance to older adults and vulnerable community members by printing the annual resource directory, listing resources on the online senior directory, hosting a self-assessment quiz, and training community members to reach out to their vulnerable neighbors with our Good Neighbor Training. All of this can be found online at our new website address at:

SeniorResourceConnectMI.org

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CINEMARK™

Movie Theatre

<https://w.cinemark.com/theatres/mi-ypsilanti/cinemark-ann-arbor-20-and-imax>

**Senior Discount all day Mondays (\$6.50) and before 6 PM on other days (\$7.00)
Senior rate at all other times is (\$8.25)**

Address: 4100 Carpenter Rd, Ypsilanti, MI 48197 **Phone:** [\(734\) 973-8424](tel:(734)973-8424)



w.dfsaline.org

DFS Movie Program:

Movies are held on the second Wednesday of each month. **Please email kelsey.dfsaline@gmail.com to reserve your tickets.**

**Saline Emagine Theatre
1335 E Michigan Avenue
Saline, MI 48176**

**January 14th Movie Title:
*To be announced***

Doors open at 1:00pm. Snacks, film facts, and fun begin at 1:15pm. Movie begins at 2:00pm
Ticket cost: \$5 (Ticket price includes popcorn, soda and a light buffet.)



**13 N Washington, Ste 181, Ypsilanti
(734) 259-4125**

Built to help get around Washtenaw County without driving. **No cost** transportation offered to **Washtenaw County residents ages 60+.** Transportation can be provided to **medical or healthcare appointments, grocery shopping, and food pantry appointments**, including **senior meals**.

Email: info@feonix.org

Web: <https://feonix.org/>



**Healthy Together
West Willow**

Health at Home & in Your Neighborhood
<https://westwillowhealth.org/>

Healthy Together is a community-based, volunteer and student run program focused on improving the health and wellness of older adults in the West Willow Neighborhood of Ypsilanti. It's easy to get started on a path of healthier living. The group focuses on a different health topic each month.

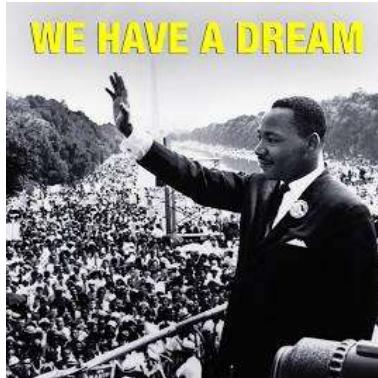
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Holiday - Monday, January 19, 2026, the YSC will be closed in honor of the Reverend Dr. Martin Luther King, Jr. holiday. It is a national day of service. Please find a way to serve in your community.



Peace Neighborhood Center HUB (Healing, Unifying, Building) At PNCH, services are provided through a number of programs that work together in conjunction with Peace's mission of helping individuals discover options, enhance skills, and to make choices that lead to self-sufficiency and positive community involvement. **Each Tuesday evening, 5 - 6:30 pm, a free and delicious community dinner** is held for families. The neighborhood is welcome at **1515 S Harris, Ypsilanti**

48198. <https://peaceneighborhoodcenter.org/about-us/hub-center/>



*******ATTENTION - Don't see an activity you would enjoy? Contact us!?**

Come on back!



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Ypsilanti District Library Events JANUARY 2026

Please see the library website to [register](#), for listings of additional classes, or for more information:

<https://attend.vpsilibrary.org/events>

AARP Tax Help Info Session Thursday, January 8, 2026 - 7 PM YDL-Whitaker

Learn about YDL's free tax service from an AARP Tax Aide Volunteer. Find out what's new this year with taxes and see if you are eligible for an appointment. 

Jigsaw Puzzle Competition Tuesday, January 13, 2026 - 5:30 PM YDL- Michigan



Third annual competition. To sign up for participation or a team, contact: asmith@vpsilibrary.org or (734) 482-4110 x2421.

Houseplant Tips Sunday, January 25, 2026 - 2:00 PM YDL -Whitaker

Master gardener Carol Brodbeck will address common houseplant problems and tips for choosing wisely. Q&A after her presentation. 

Writing Oneself: Letters & Emotions Saturday, January 10, 2026 - 11:00 AM YDL - Michigan

Poet David Boeving will explore the personal and social uses of emotions and how letters can aid us.

The Ladies of Soul: A Take Note Concert featuring Athena Dobson and the Sean Dobbins Ensemble Sunday, January 11, 2026- 2:00 PM YDL- Whitaker

Enjoy a musical and spoken word concert that will celebrate the contributions from women in the pre- and civil rights era. 

Introduction to Genealogy Thursday, January 22, 2026 - 6:30 PM YDL- Superior

Join Jean Winborn, of the Washtenaw County Genealogy Society and YDL Board Member, to learn how to navigate online databases, and how best to organize your research.

Winter Marbling: Snowflakes! Saturday, January 31, 2026 - 3 sessions YDL-Michigan

Craft artist Melissa Louise will teach you to make wooden dyed snowflakes that make beautiful unique decorations. 

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Activities Calendar

Mon 1/5/26	Tues 1/6 Plarn Service Project 10:00 - 11:30 am Knitting/Crochet 12:30 - 2:00 pm 209 Washtenaw Ave, Ypsi	Wed 1/7	Thurs 1/8	Fri 1/9 Office Reorganization Volunteers Needed STAFF AVAILABLE for Information & Referral Noon - 2 pm
Mon 1/12 Tai Chi w/Karla 2:30 pm	Tues 1/13 Plarn Service Project 10:00 - 11:30 am Knitting/Crochet 12:30 - 2:00 pm 209 Washtenaw Ave, Ypsi	Wed 1/14 Senior Fitness w/Michelle 9:30 - 10:30 am Line Dancing w/Dee 10:30 - 11:30 am	Thurs 1/15 STAFF AVAILABLE for Information & Referral 12:30 - 2:30 pm	Fri 1/16 STAFF AVAILABLE for Information & Referral Noon - 2 pm
Mon 1/19 MLK Holiday Office Closed	Tues 1/20 Coffee & Games U Pick 9:30 am - 11:30 am Plarn Service Project 10:00 - 11:30 am Knitting/Crochet 12:30 - 2:00 pm	Wed 1/21 Senior Fitness w/Michelle 9:30 - 10:30 am Line Dancing w/Dee 10:30 - 11:30 am Bingo w/Deb 12:30 - 2:30 pm Singing Group/Karaoke 2:30 - 4:00 pm *+ No leader	Thurs 1/22 Resources and Social Group 9:30 - 10:30 am Getting to know you! Community Potluck 11:45 - 12:45 am Games & Such 1:00 - 4:00 pm BOARD MEETING 6:30 pm YSC	Fri 1/23 Gentle Fitness w/Doris 10:30 - 11:30 am STAFF AVAILABLE for Information & Referral 12:30 - 2:30 pm Art w/Lynn 1:00 - 3:00 pm
Mon 1/26 Gentle Fitness w/Doris 10:30 - 11:30 am Euchre w/Doris 12:45 - 2:30 pm Tai Chi w/Karla 2:30 pm	Tues 1/27 Arts & Crafts Freestyle 9:30 am - 11:30 am Plarn Service Project 10:00 - 11:30 am Knitting/Crochet 12:30 - 2:00 pm	Wed 1/28 Senior Fitness w/Michelle 9:30 - 10:30 am Line Dancing w/Dee 10:30 - 11:30 am Bingo w/Deb 12:30 - 2:30 pm Singing Group/Karaoke 2:30 - 4:00 pm	Thurs 1/29 Resources and Social Group 9:30 - 10:30 am Lessons from the Blue Zone Community Potluck 11:45 - 12:45 am Games & Such 1:00 - 4:00 pm	Fri 1/30 Gentle Fitness w/Doris 10:30 - 11:30 am STAFF AVAILABLE for Information & Referral 12:30 - 2:30 pm Art w/Lynn 1:00 - 3:00 pm

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SENIOR NUTRITION MENU | DAILY 11:45 am - 12:30 pm except where noted.

<u>Mon 1/5</u> NO MEALS THIS WEEK	<u>Tues 1/6</u>	<u>Wed 1/7</u>	<u>Thurs 1/8</u>	<u>Fri 1/9</u>
<u>Mon 1/12</u> NO MEALS THIS WEEK Please sign up for next week.	<u>Tues 1/13</u>	<u>Wed 1/14</u>	<u>Thurs 1/15</u>	<u>Fri 1/16</u>
<u>Mon 1/19</u> MLK Day Center Closed	<u>Tues 1/20</u> Entree: Mediterranean Chicken Menu Item— Rice Garden Vegetable Blend Papaya/mango Margarine	<u>Wed 1/21</u> Entree: Meatloaf Menu Item— Mashed Potato Mixed Vegetables Mixed Fruit Margarine	<u>Thurs 1/22</u> Community Potluck Sloppy Joe's 11:45 - 12:45 pm	<u>Fri 1/23</u> Entree: Paprika Chicken Menu Item— Mashed Potatoes Green Beans/Carrots Peaches Cup Margarine
<u>Mon 1/26</u> Entree: Salisbury Steak Menu Item— Rosemary Roasted Potatoes Mixed Vegetables Pineapple Margarine	<u>Tues 1/27</u> Entree: Chicken Noodle Soup Menu Item— Potato Salad Creamy Cole Slaw Diced Veggies in Soup Mandarine Oranges Biscuit	<u>Wed 1/28</u> Entree: Roasted Turkey Menu Item— Mashed Potatoes Broc/Cauli//Carrot Blend Tropical Fruit Salad Margarine	<u>Thurs 1/29</u> Entree: Potato Crusted Pollack Menu Item— Sweet Potato Peas and Carrots Cranberry Applesauce Margarine	<u>Fri 1/30</u> Entree: Tikka Masala Menu Item— Jasmine Rice Green Beans Apple Margarine

All meals have bread, margarine, & milk.

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