November 2026 NEWSLETTER

Our Mission: "Creating great experiences for older adults in a welcoming environment that encourages learning, active engagement, fitness, and healthy living."

Thanks to those of you that attended the **DTE Energy presentation** that was held on **October 1, 2026**. The **YSC received a $500 donation** because of your participation. We hope you are enjoying your energy-saving kits. Also, the **Kroger Vaccination Clinic** that was held the same day on October 1st was a great community service. Thanks to those of you that received free vaccines. *If there are other programs that would be helpful to you, please inform us by placing a suggestion in the designated box near the reception desk.*

November is **Native American Heritage Month,** dedicated to celebrating the rich histories, diverse cultures, and important contributions of indigenous peoples. On November 1st **Dia de los Muertos (Day of the Dead)** is a cultural celebration remembering deceased loved ones. **November 13th** is **World Kindness Day,** an international day promoting acts of goodwill and kindness. On **November 18th** participation is encouraged in **The Great American Smokeout.**

Happy Fall Harvest

Known as "Thanksgiving" this holiday will be celebrated on **November 26, 2026**. The YSC will be **closed November 26 - 27th.**



The National Mid-Term General Election will take place on November 3, 2026. YSC will be closed to membership activities and Senior Nutrition, as the building is a voting site and the building closes early November 2nd (12:30) for set-up. *More information about Michigan voting here:*

https://www.michigan.gov/sos/elections/voting

November 11, 2026 is Veteran's Day. The YSC is closed to honor those that have served.



Director's Message:

Previously YSC members were surveyed about day trip options. The majority of responses were in favor of visiting the Belle Isle Aquarium and Conservancy..After further consideration of spaces to sit, it was decided that the venue is not a great option. Something special is being planned for the near future! Please send us an email or stop by the office with your ideas.

The holidays are quickly approaching. The **annual end-of-year season of giving** is rapidly approaching. Please keep us in mind! See page 2.

Thank you,

Jasmine

Ypsilanti Senior Center, 1015 N Congress St, Ypsilanti, MI 48197
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Website: www.ypsiseniorcenter.org | **Email**: info@ypsiseniorcenter.org **Social**: Facebook
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YPSILANTI SENIOR CENTER

Code of Conduct

The Ypsilanti Senior Center is committed to a welcoming, inclusive environment that supports learning, connection, fitness, and healthy living for older adults. We welcome people of all backgrounds and identities. We expect everyone who enters our space to contribute to a culture of respect, safety, and kindness. Discrimination, harassment, or behavior that undermines this welcoming environment will not be tolerated.

~Jasmin Figgins, Executive Director

2026 End-of-Year Giving Campaign

As we approach the end of 2026, the Ypsilanti Senior Center is kicking off our End-of-Year Giving Campaign! We are asking all members and supporters to consider making a donation to help us continue providing meaningful programs, wellness activities, and opportunities for connection. No gift is too small, and every contribution helps us continue growing and serving our community. As we look forward, your generosity will help us build on this year's accomplishments and create even more opportunities for growth. Your donations are tax-deductible.

To make a contribution to the YSC, please write a check to Ypsilanti Senior Center or follow this link:https://ypsilanti-senior-center.networkforgood.com/projects/308457-a-lasting-impact-end-of-year-giving-campaign-2026 . This QR code may be used to connect to Network for Good:

The Ypsilanti Senior Center is one of ten senior centers in Washtenaw County and is partially supported by the voter-approved 2024 Washtenaw Senior Millage, along with grants and donations.

WASHTENAW COUNTY Michigan

YPSILANTI SENIOR CENTER

Aubree's

Special Fundraiser!

On Friday, November 6, 2026, Aubree's Pizzeria & Grill, 39 E Cross Street (Depot Town) in Ypsilanti is hosting a Dine to Donate event (percentage of sales) to benefit the Ypsilanti Senior Center! The Out-toEat Bunch will meet at the restaurant at 11:30 am.



Special Fiber Arts Project to Benefit Unhoused Veteran's

Announcing a community collaboration project between the Ypsilanti Senior Center, Educate Youth, and Creative Crafters who will sew and crochet fleece lap blankets for Veterans who are wheelchair bound. The blankets will be presented by students from Educate Youth on **November 25, 2026,** in the Activities Room at 1015 N Congress, Ypsilanti, **1:30 pm**. Light refreshments will be served. The contact person is Gwen Copeland, email: ginerec@comcast.net.



YPSILANTI SENIOR CENTER

Happy Birthday Delphine! *This month we celebrate Ypsilanti Senior Center's oldest member* ***Delphine Klaput*** *who will turn 102 years of age on* ***November 23, 1926****. Born in 1924, Delphine is an original "Rosie the Riveter!" We enjoy having Delphine visit the YSC regularly for Bingo and Euchre. Her smile and wit bring sunshine and happiness to everyone around. Delphine, may you have many more candles! For more information about Delphine's remarkable story, please see:*
https://michiganrosies.org/meet-the-rosies-blog/2024/9/29/delphine-tedeski-klaput



Delphine is center with her daughter on the left and granddaughter on the right.

YPSILANTI SENIOR CENTER

~Ypsilanti Senior Center (YSC) Activities, News, & Events~

Art: Facilitated by volunteer **Lynn E.** on **Fridays, 12:30 - 2:30 pm**. Come be creative! 🎨 If there is something you would like to create and need materials, please let us know.

Bingo! Wednesdays, 12:30 - 2:30 pm, and facilitated by volunteer **Deb P.**, this fun group plays Bingo at $.25/card or $1.00 for Cover-all.

Board Games and Card Party! Facilitated by the **Schwartz Family**, on **Friday, November 20, 2026**, join us at YSC for board games, fellowship, and card games. **Bring a snack or food to share and your own beverage**. No alcohol.

Community Potluck: **Third Thursday Potluck** will be on **November 19, 2026, at 11:45 am**. The main dish will be rotisserie chicken & romaine/tomato/cucumber salad. Members and guests, please bring a *complimentary* side, dessert, or drinks to share.

Crafting Class: Tuesday afternoons, 12:30 - 2:30 pm facilitated by volunteer **Lynn E.** Let the facilitator know what you would like to create! See crafts and arts created hanging on the Community Board in the Great Room.

Crochet/Knitting Group: This group, facilitated by member **Jenny V.**, takes place **Tuesdays from 12:30 - 2 pm.** Fiber arts, and needle crafts take place in the ***Rocking Chair Circle*** or the ***Activities Room***. All are welcome, regardless of skill level! 🧶

Diamond Art: Facilitated by **Donna S**. Supplies are provided. Come relax and be creative! **Wednesday, November 18, 2026, 2-4 pm.** The room will be shared. Sign up at the receptionist desk.



Euchre: Mondays, 12:30 -2:30 pm, facilitated by **Donna S. and Joyce D. Card players, please set up and tear down.** Euchre is a card game for two to four players, usually played with the thirty-two highest cards, the aim being to win at least three of the five tricks played. 🃏

Freestyle Activities: Mahjong, Chess, Crosswords, Puzzles, Wordfind, Games & Such!: Tuesdays and Thursdays ALL DAY, unless a program is planned. Ask about outside games. Get on in there and mix & mingle! Please join any activities in the **Great Room**!

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Gentle Chair Fitness: Join this gentle and fun group stretching & seated exercise class **Mondays and Fridays, 10:30 am- 11:30 am,** led by volunteer **Judy S**. If Judy is absent, the staff will select a facilitator amongst those present or put on an exercise video to follow.

Joyful Improvisation Theater, a monthly fun and interactive mental wellness workshop, will be held on **November 18, 2026, from 3:15 - 4:15 pm.** Led by **Miriam Kirscht**, this workshop has inspired greater well-being and joy in participants. Please come join the fun.

The **Out-To-Eat Bunch:** The first Friday luncheon group meets on the 1st Friday of the month. The group is coordinated by rotating YSC volunteers. The next meet-up will be **at Aubree's Pizzeria in Depot Town, 11:30 am on 11/06/26. (BYOM)**.

Puzzles & Crosswords: Monday thru Friday, except for other activities or classes. Independent or group activity. **Two puzzles are in the Great Room.**

Resources and Information: Ask us, we'll find the answers and direct you to where more information can be located. 💡💭

Senior Nutrition Café Lunch Meals: Meals, along with snacks and alternate meals, are available weekdays, 11:45 - 12:30 pm. **Registration and advance sign-up is required** to participate in the meal program. For more information, please call the center or contact **Sarah M.**, at sarahmckinney@ypsiseniorcenter.org. **Donations of $3 are accepted. Under age 60? Meals can be purchased for $5.50 per person.**

YSC Volunteer Service Group & (Plarn [plastic yarn]) and the Fiber Arts groups facilitated by **Jenny V.** meet at the center **on Tuesday mornings. Plarn sleeping mats** created by this group are donated to the community shelter **PEACE House**, Ypsilanti. 🧵🧶

Special Request: Please do not drop off donated items without speaking to staff. No donations are needed at this time. Help us to maintain a welcoming space.

The Board & Staff at the Ypsilanti Senior Center wish you, your family, and your friends a Happy Thankfulness Day! We are so glad you are a part of this center!



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YPSILANTI SENIOR CENTER

WASHTENAW COMMUNITY COLLEGE

YSC SENIOR FOCUS CLASSES (10 weeks

FALL 2026 SCHEDULE

For liability reasons, each participant of these classes must complete a WCC registration form every semester, and a one-time YSC Membership form. Registrations due by Friday, October 9, 2026.

TAI CHI with KARLA G.

MONDAYS, BEGINNING **SEPT 14, 2026 – NOV 30, 2026**
2:30 TO 3:30 PM
NEW Skip Date(s): Indigenous People's Day 10/12/26 and 11/02/26

MUSIC THEORY with ELLIE C.

TUESDAYS, BEGINNING **SEPT 15, 2026 - NOV 24, 2026**
3:00 TO 4:00 PM
NEW Skip Date(s): 10/27/2026 and Election Day 11/03/26

STRENGTH & CONDITIONING EXERCISE with MICHELE W.

WEDNESDAYS, BEGINNING **SEPT 9, 2026 – NOV 25, 2026**
9:30 – 10:30 am
NEW Skip Date(s): 10/14/2026 and Veteran's Day 11/11/2026

LINE DANCING with DEE G.

WEDNESDAYS, BEGINNING **SEPT 9, 2026 – NOV 18, 2026**
10:30 am – 11:30 am
NEW Skip Date: Veteran's Day 11/11/ 2026



https://www.wccnet.edu/learn/our-offerings/personal-enrichment/seniors

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YPSILANTI SENIOR CENTER

~Community News, Information, and Events~

Area Agency on Aging 1-B AgeWays Nonprofit Senior Services We help older adults age in the ways they choose. **Website:** https://www.ageways.org/ **More information:** www.medicare.gov	For information about **Medicare** (including those dual-eligible for **Medicaid**), or **senior resources**, please contact **MI Options Medicare Assistance Program** through the State Health Insurance Assistance Program (SHIP) at **Ageways**. **Senior Resources Information and MI Options for Washtenaw County: Ph: (800) 852-7795.** *A health insurance counselor is available at YSC by appointment only. YSC will participate in* ***Medicare Open Enrollment, 10/15 - 12/07/26.***
CATHOLIC CHARITIES WASHTENAW COUNTY https://ccwcwashtenaw.org/seniors/senior-resource-directory/ **Senior Resource Connect** 925 Packard Street Ann Arbor, MI 48108 PH: (734) 971-9781	**Senior Resource Connect** program provides assistance to older adults and vulnerable community members by printing the annual resource directory, listing resources on the online senior directory, hosting a self-assessment quiz, and training community members to reach out to their vulnerable neighbors with our Good Neighbor Training. All of this can be found online at our new website address at: SeniorResourceConnectMI.org
CINEMARK™ **Movie Theatre** https://w.cinemark.com/theatres/mi-ypsilanti/cinemark-ann-arbor-20-and-imax	Cinemark Ann Arbor 20 (734) 973-8424 (located in Ypsilanti off Carpenter Rd) • Offers discounted ticket price of (varies) **seniors (age 62+) ($6.50 before 6:00 pm)**. • **Mondays** are Senior discount day **($6.50).** • **Offers daily matinees for up to $6 off the t**icket price (before 4:00 pm).

YPSILANTI SENIOR CENTER

Dementia Friendly Saline+ www.dfsaline.org **DFS Movie Program**: Movies are held on the second Wednesday of each month. *Please email* **ciara.dfservices@gmail.com** *to reserve your tickets.*	**Saline Emagine Theatre** **1335 E Michigan Avenue** **Saline, MI 48176** **October 14 - *The Ghost and Mr. Chicken*** Doors open at 1:00pm. Snacks, film facts, and fun begin at 1:15pm. **The movie begins at 2:00 pm.** Ticket cost: $5 (Ticket price includes popcorn, soda and a light buffet).

Parkridge Community Center: For over 75 years, Parkridge Community Center has been a cornerstone of the city's South side. In 2012, Washtenaw Community College and the City of Ypsilanti partnered to create **WCC at Parkridge** to enhance their ability to serve the community. Parkridge offers a wide range of virtual and in-person programs and services for community members of all ages. More information: https://cityofypsilanti.com/facilities/facility/details/Parkridge-Community-Center-5

Peace Neighborhood Center HUB (Healing, Unifying, Building): At PNCH, services are provided through a number of programs that work together in conjunction with Peace's mission of helping individuals discover options, enhance skills, and to make choices that lead to self-sufficiency and positive community involvement. Each Tuesday evening, 5 - 6:30 pm, a free and delicious community dinner is held.The whole neighborhood is welcome at **1515 S Harris, Ypsilanti, 48198**. Thank you for being a community partner to YSC!
https://peaceneighborhoodcenter.org/about-us/hub-center/

Peace Neighborhood Center

Washtenaw Office on Aging Services & Transportation Options: If you are **over the age of 60** and a resident of Washtenaw County, you qualify for **free rides** through the County's Senior Millage Program. To inquire, or to schedule a ride, please contact **JFS at** https://www.jfsannarbor.org/jfsgo.html or call **(734) 769-0209** ext. 305;
or contact **People's Express**: https://peoplesexpress.org/washtenaw or **877-214-6073**.

YPSILANTI SENIOR CENTER

Ypsilanti District Library Events November 2026

Please see the library website to register, for listings of additional classes, or for more information:

https://attend.ypsilibrary.org/events

Senior Advisory Board Meeting
November 19th | 1:00 PM



CARE COORDINATION!
Multiple Dates in November
YDL - Michigan

https://ypsilibrary.events.mylibrary.digital/event?id=389351

Thanks to funding from the Washtenaw County Mental Health and Public Safety Preservation Millage, YDL has a full-time Library Social Worker! Our LMSW professional, working alongside student social work interns during the academic year, is **compassionately and nonjudgmentally connecting patrons with essential resources and social services, including: Mental health and substance use support |Navigating housing resources |Food assistance | Educational pathways**

Board Game Meet-Up
2nd Mondays Each Month | 6:30 pm
YDL - Whitaker

Join us on the second Monday of each month for a board game meet up. The library will provide a rotating selection of mostly lighter-complexity board games, but you can bring your own to play, share, or teach. Come with your existing group, or meet other gamers and find a new one. **Each session, a staff member will be on hand to teach and play a highlighted game for anyone interested.**

Downtown Repair Clinic
Saturday | November 14th | 3:30 pm
YDL - Michigan

Have special skills you want to lend at a Repair Clinic? Email smorrison@ypsilibrary.org or asmith@ypsilibrary.org .Come downtown to use our repair clinic tools to repair everyday items! Tools include:-sewing machines -grommet press -snap replacements -zipper replacements -hand looms -hand sewing materials -irons -buttons -scrap fabric -iron on patches -soldering materials -jewelry repair

Small Business Savvy: Marketing
Wednesday | November 4th| 6:30 pm
YDL - Virtual Online

This session will discuss the basics of small business marketing, including defining the problem, overarching strategies, and tactics. We will have an overview of marketing channels and current tools.Our Small Business Savvy series is for those who want to start or own a small business. Registration will send the link.

Meditation with Ease: Guided!
Tuesday | November 24th| 6:30 pm
YDL - Superior

Meditation has many benefits for our health and well-being. Drop in for simple, guided, non-religious awareness practices in the company of friends you may not have met yet.

YPSILANTI SENIOR CENTER

November 2026 Activities Calendar

Mon 11/02	Tues 11/03	Wed 11/04	Thurs 11/05	Fri 11/06
Gentle Chair Fitness 10:30 - 11:30 am **Euchre** 12:30 - 2:15 pm **WCC Tai Chi w/Karla** 2:30 - 3:30 pm **Building closed 12:30 pm**	**YSC CLOSED** **MID-TERM** **ELECTIONS**	**WCC Fitness w/Michelle** 9:30 - 10:30 am **WCC Line Dancing w/Dee** 10:30 - 11:30 am **Bingo w/Deb** 12:30 - 2:30 pm	**Freestyle Activities** 9:30 - 11:30 am **Games and Such** 1:30 - 3 00 pm	**Gentle Chair Fitness** 10:30 - 11:30 am **Art w/Lynn** 12:30 - 2:30 pm
Mon 11/09	**Tues 11/10**	**Wed 11/11**	**Thurs 11/12**	**Fri 11/13**
Gentle Chair Fitness 10:30 - 11:30 am **Euchre** 12:30 - 2:15 pm **WCC Tai Chi w/Karla** 2:30 - 3:30 pm	**Plarn/Knitting/Crochet** 10 - 11:30 & 12:30 - 2:00 pm **Crafts w/Lynn** 12:30 - 2:30 pm **WCC Music Theory w/Ellie** 3:00 - 4:00 pm	**YSC CLOSED** **DAY**	**Mahjong, Chess & Freestyle Activities** 9:30 - 11:30 am **Games and Such** 12:30 - 3 00 pm	**Gentle Chair Fitness** 10:30 - 11:30 am **Art w/Lynn** 12:30 - 2:30 pm
Mon 11/16	**Tues 11/17**	**Wed 11/18**	**Thurs 11/19**	**Fri 11/20**
Gentle Chair Fitness 10:30 - 11:30 am **Euchre** 12:30 - 2:15 pm **WCC Tai Chi w/Karla** 2:30 - 3:30 pm	**Plarn/Knitting/Crochet** 10 - 11:30 & 12:30 - 2:00 pm **YOGA Presentation** **10:00 - 10:45 am** **Crafts w/Lynn** 12:30 - 2:30 pm **WCC Music Theory w/Ellie** 3:00 - 4:00 pm	**WCC Fitness w/Michelle** 9:30 - 10:30 am **WCC Line Dancing w/Dee** 10:30 - 11:30 am Last Class **Bingo w/Deb** 12:30 - 2:00 pm **Diamond Art** 2 - 4 pm **Michigan Medicine Foot Health** **2:15 - 3:15 pm** **Joyful Improv Theatre** **3:15 - 4:15 pm**	**Mahjong, Chess & Freestyle Activities** 9:30 - 11:30 am **~COMMUNITY POTLUCK~** **11:45 - 12:45 pm** **Games and Such** 12:30 - 3 00 pm **YSC Board Meeting** **6:30 pm**	**Gentle Chair Fitness** 10:30 - 11:30 am **Art w/Lynn** 12:30 - 2:30 pm **Board Games & Card Party 3 - 7:00pm**
Mon 11/23	**Tues 11/24**	**Wed 11/25**	**Thurs 11/26**	**Fri 11/27**
Gentle Chair Fitness 10:30 - 11:30 am **Euchre** 12:30 - 2:15 pm **WCC Tai Chi w/Karla** 2:30 - 3:30 pm **Mon 11/30** Schedule Repeats Tai Chi Last Class	**AM Open** **Plarn/Knitting/Crochet** 10 - 11:30 & 12:30 - 2:00 pm **Crafts w/Lynn** 12:30 - 2:30 pm **- WCC Music Theory** 3:00 - 4:00 pm **Last Class**	**WCC Fitness w/Michelle** 9:30 - 10:30 am Last class **Practice - WCC Line Dancing** 10:30 - 11:30 am **Bingo w/Deb** 12:30 - 2:30 pm	**YSC CLOSED** **FALL HARVEST HOLIDAY**	**YSC CLOSED** **FALL HARVEST HOLIDAY**

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YPSILANTI SENIOR CENTER

MONTHLY SENIOR CAFE' MENU - $3 Donation Requested | $5.50 < Age 60 All meals served with wheat roll, margarine, & milk (1%) Sarah Mckinney				
11/2 Potato Crusted Pollack Sweet Potato Peas & Carrots Strawberry Applesauce	**11/3** **CLOSED** **ELECTION DAY**	**11/4** Hamb. Stroganoff Peas & Pearl Onions Mixed Fruit	**11/5** Salisbury Steak Roasted Potatoes Mixed Vegetables Pineapple	**11/6** Tikka Masala Jasmine Rice Green Beans Apple
11/9 Shepherds Pie Mixed Vegetables Pears	**11/10** Stir Fry Steak Brown Rice Asian Vegetables Mixed Fruit	**11/11** **CLOSED** **VETERANS DAY**	**11/12** Vegetable Lasagne Baby Carrots Mandarine Oranges	**11/13** Bf Barley Casserole Carrots Orange
11/16 Ginger & Garlic Beef Brown Rice Broccoli Mandarine Oranges	**11/17** Glazed Chicken Cabbage Roasted Potatoes Peaches	**11/18** Chicken A La King Carrots Gala Apple	**11/19** **POTLUCK** **11:45AM - 12:30PM** **Rotisserie Chicken** **Romaine Salad**	**11/20** Chicken Enchilada Brown Rice Mixed Vegetables Pineapple
11/23 Chicken Alfredo Prince Charles Blend Peaches	**11/24** Pot Roast Sweet Potatoes California Blend Gala Apple	**11/25** Bean Chicken Chili Side Salad Orange	**11/26** **CLOSED** **THANKSGIVING DAY**	**11/27** **CLOSED**

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11/30 Potato Crusted Pollack Sweet Potato Peas & Carrots Strawberry Applesauce				

SENIOR NUTRITION MENU | DAILY 11:45 am - 12:30 pm except where noted.

Alternate menu available upon request. Please remove trash and return your tray unless assistance is needed.